

After hours

5/12/08

work rest play

CRUISING *into* HISTORY

The Mediterranean is scattered with traces of medicine's past. Sailing to these shores can be a memorable holiday.

WORDS BY DR JIM LEAVESLEY

THE big advantage of cruising is that you are always unpacked. The second plus is that you are effortlessly transported from one fascinating place to another, with no sense of pressure or trying to organise a tour for yourself in a foreign language. If you add to this the pleasure of travelling with a group of like-minded and intelligent people following a common interest — in our case, sites of medically historic significance — you are on a winner.

Thus it was that in September, 50 of us, including 10 Australians, joined the ship Braemar at the port of Rome to sail down the Mediterranean, through the Bosphorus into the Black Sea and back again, seeking out such delights.

An early highlight was a visit to Florence

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Archaeological wonder ... ruins of the ancient Greek temples at Delos.



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