



Japanese women in traditional kimonos

Cultural and Professional Study Tours in 2024 / 2025

Travel · Understand · Enjoy

www.jonbainestours.com



Jon Baines
tours

About Us



When I set up the company, I wanted to ensure that our travellers experienced the hidden, the lesser known and the unexpected in every destination; the teahouses, old buildings, local markets, lanes and parks that tell a story. To follow a narrative of a place's past, helping us understand its present and perhaps allowing us a glimpse of its future. This is best achieved by walking the streets and talking to locals; so we at JBT have been pounding the streets! We hope that you enjoy these visits on our tours as much as we have on our travels.

– Jon Baines

Where We Stay



Heritance Kandalama, Sri Lanka

When it comes to accommodation we like charm, comfort, a central location and good service. So where possible, we stay in buildings that belong to the culture of the country we are travelling in – like the pictured Heritance Kandalama Hotel in Sri Lanka, designed by renowned local architect, Geoffrey Bawa. Sometimes, however, period charm means cold rooms, intermittent plumbing and unresponsive staff - in which case we will book that reliable, architecturally uninspiring modern building. We also like variety; a selection of hotels from the city grand dame, to the contemporary boutique, to the bungalow, to the unusual (a boulder hotel, a fort hotel or perhaps a rice barge). A good bar area for the group to gather of an evening is also important. On our cruises, we aim to use smaller boats and ships. What they lack in glitz, they make up for in service and style.

How We Travel



Drift in a converted rice barge in Kerala, India

Tours are a journey, an experience and an adventure – and the transport should be part of that. We try to include as much variety as possible. Internal flights are often necessary and save time, but to really see a country, overland is best. We like to include a rail journey, and we love to walk – the best way to get to know a town or city centre. Wandering the streets allows for browsing, listening and musing; stopping for that spontaneous drink, or unusual snack, or that surreal purchase. To spice up our tours we also travel by rickshaw, ox cart, jeep, ferry, cable car, rice barge and bus. *Bon voyage!*

What We Eat



Typically delicious Turkish cuisine

We ensure that you enjoy the best of a country's cuisine and drinks. We also try to be as local as possible, with some tours offering cooking experiences. Many of our regular meals add to your cultural experience, such as a meal at the Koto charity in Hanoi, sampling Albanian gin made with local juniper, a cup of chá in a relaxed Sichuan teahouse, Kobe beef in Kobe or tasty samples on a culinary walking tour of the Spice Bazaar in Istanbul. Or you might enjoy a homemade lunch on a spice smallholding in Periyar, India, experience locavore in Crete, sip wine from medieval wine windows in Florence, sample mustard in Dijon or Vranec wine in Macedonia.

Professional Visits



A maternity ward in Vietnam

Many of our tours have a professional focus. On these tours, we include visits that allow you to meet with your peers and learn of your profession in another country. When setting up our itineraries, we are frequently impressed and inspired by the dedication of people working in local projects and organisations. We want you to experience this too. All our tours, whether professional or cultural, ensure you engage with a country as it is today, experiencing contemporary society on all levels and meeting locals, passionate about what they do.

Projects



Jaipur Foot, Jaipur, India

There are many inspiring local projects in the destinations we visit, encompassing independent charities or NGOs that support local people. Many of them are ground-breaking. It's important to us that our tours benefit not only our clients, but the areas that welcome us, so many of our itineraries visit and support such projects. In Rajasthan, the Barefoot College provides training to villagers in a variety of skills including health care, education and engineering. 'Jaipur Foot' was founded in 1975 to provide artificial limbs to the poor. This extraordinary organisation is now international and has received multiple awards for both its humanitarian work and its prosthetic designs. The Kim Long Charity Clinic in central Vietnam provides free health care to underprivileged communities in remote areas. In Bali, midwives, medical staff and outreach workers at Yayasan Rama Sesana improve the health of low-income women and the NGO Yayasan Bumi Sehat provides holistic health care.

Tour Leaders and Guides



Frank Mbete, South Africa

Our tours are led by tour leaders who are relevant professionals or academics, alongside local national guides. Our tour leaders provide the professional, academic and cultural guidance and ensure that our travellers get the most from the tour. Their professional experience allows them to provide context to the professional visits during the tour, and they will often provide specialist talks of their own. They work alongside our experienced national guides, most of whom we have worked with over many years. Our national guides are highly experienced and knowledgeable and they know our groups well. As well as looking after the tour organisation, our guides can and do talk on history, cuisine, education, traditions etc, as well as having the specialist knowledge to provide medical and technical translations and to put this in context. We have very enquiring travellers and so guides such as Zhang (John) in China, Prince Charles in South India, Lam in Vietnam, Coco in Japan, Xavier in Ecuador and Frank (pictured) in South Africa are familiar with our groups and what they want to know. Which is - everything!

Partnered Tours



Khor Virap Monastery, Armenia
(visited on a tour partnered with the RSM)

As well as the tours and cruises in this brochure, we run bespoke tours in conjunction with organisations and professional bodies. For many years we have partnered with organisations such as the Royal Society of Medicine, the Australian College of Nursing and the Royal Australian College of General Practitioners – to name just a few – to create special interest tours, on which all are welcome.

In addition, we run private, 'closed group' tours exclusively for the members of organisations such as the Travelling Surgical Society of Great Britain and Ireland and the West Kent Medico-Chirurgical Society.

We also organise **New Colombo Plan** tours in conjunction with several Australian universities. **Please contact us to find out more.**

Tours and Cruises








 = Cruise  = Tour

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Cruises

A Cruise In the Wake of the Vikings The History, Landscapes and Wildlife of Iceland

Iceland is a magical island humming with energy and natural phenomena. Its beauty comes from a vast volcanic landscape where mighty forces shape the earth: geysers and glooping mudflats, rumbling volcanoes swathed in ice and glaciers grinding their way through mountains. Its rich cultural life encompasses a literary legacy that stretches from medieval sagas to contemporary thrillers by way of Nobel Prize winners, as well as life, music and Nordic style.



Spectacular Godafoss Falls

This cruise will include a number of shore excursions and talks by dedicated JBT speakers, Irene García Losquiño and Declan Taggart - experts on Viking and Norse culture and history - as well as by the ship's speakers and the tour leaders.

MS Balmoral

Fred Olsen cruise ship, Balmoral, is small enough to navigate the most picturesque waterways and offers a warm, refined atmosphere with comfortable accommodation, stylish restaurants and plenty of open-deck space. Guests can relax in comfortable lounges and public areas including two restaurants, the Marquee Bar with rattan sofas, a beautiful open promenade and two separate swimming pool decks.



MS Balmoral

17 - 26 April 2024

Tour leaders: Prof. John and Susi Richardson

www.jonbainestours.com/vikings

Newcastle – At Sea – Reykjavík – Ísafjörður –
Akureyri – Borgarfjörður Eystri
– At Sea – Newcastle

Ecuador and the Galapagos Islands

Ecuador is a land of enormous cultural and natural diversity. Its cultural legacy encompasses the descendants of Spanish conquistadores and many distinct indigenous communities. It boasts extraordinary biodiversity, the jewel in its crown being the Galápagos Islands - the only place in the world where it is possible to swim with penguins and tropical parrot fish at the same time.

Experience colonial Quito, the exquisite cloud forests of Mindo, the high country thermal springs at Papallacta in the Andes and the incomparable Galápagos islands on a first-class yacht.



Blue-footed boobies

There is a pre-tour option to stay in the Amazon at Sacha Lodge, an eco-lodge that blends seamlessly into its forest surroundings. See giant otters duck and dive as you eat breakfast; watch caimans glide under the walkway; hear monkeys chattering outside your balcony; and see giant sloths hanging out on trees by the cabins.

This tour is strictly limited to fifteen people – **TWO PLACES LEFT.**

Galápagos Yacht - M/Y Solaris

This first-class motor yacht accommodates just 16 passengers in bright, spacious cabins with panoramic sea view windows. Relax in lounge chairs on shaded open deck areas, an indoor dining room and bar, and a comfortable lounge area.



M/Y Solaris

25 Apr - 8 May 2024

Tour leader: Jan Beccaloni

www.jonbainestours.com/ecuador

3 nights Quito – 3 nights Mindo Cloud Forest
– 2 nights Papallacta – 4 nights Galápagos
Islands – 1 night Quito

A Cruise Through History Along the Hooghly River Travellers, Traders and Truth Seekers in India

The Hooghly River is the main artery running through the history of Bengal. Kolkata was founded on the banks of the river in 1690 as a British trading outpost of the Mughal Empire and was the centre of the Raj until 1911. It has long been a hub of Bengali literature, music and philosophy. Bengal was the richest province in India for a time, its lush soil producing indigo, opium and rice crops, and its exquisite textiles were known as 'woven wind'. Acclaimed writer of history, Katie Hickman, will provide a number of talks on the cruise.



Dakshineswar Kali Temple on the Hooghly River

A visit to Kolkata combined with a cruise along the mighty Hooghly offers an unparalleled vision of the rich history and culture of the great province of Bengal.

The ABN Rajmahal contains 22 air-conditioned cabins, all of which have French balconies and en suite bathrooms. There is a spa, a saloon with a library and a spacious sundeck. The décor is stylish and fresh with touches of colonial elegance, brought to life by traditional Indian-inspired designs. Food on board is a mixture of Assamese (milder than most Indian cuisine) and continental. Wines, beer and spirits are available.



The ABN Rajmahal

6 - 17 January 2025

Speaker: Katie Hickman, accompanied
by a national guide

www.jonbainestours.com/hooghly

History of Medicine Cruise Along the Nile

Cruise in comfort to Egypt's most fascinating destinations in the company of a world-renowned Egyptologist and an experienced tour leader. Learn about the history of medicine in Egypt as you progress along the River Nile aboard the luxury MS Jaz Regent Nile river cruiser and stay in first-class hotels in Giza and Luxor.

Listen to lectures by Professor Rosalie David, a renowned authority on the medicine of Ancient Egypt. This tour includes guided private shore visits to sites of medical historical interest, as



The Temple of Edfu

well as the wonders of ancient Egypt. There is an optional 3-night extension to the great city of Alexandria and the battlefield of El Alamein after the tour.

The Jaz Regent is a five-star deluxe cruise ship containing a restaurant, lounge and sundeck bar; a spa with gym room, massage, sauna and a small outdoor pool. There is free, low level WiFi. All cabins feature panoramic windows, hairdryer, safe, mini-bar, televisions, individual climate control, bathroom with full-size bathtub and shower.



The Jaz Regent

14 - 26 February 2025

Tour leader: Janice Liverseidge with
speaker Professor Rosalie David

www.jonbainestours.com/nile25

3 nights Kolkata – 7 nights cruising on Hooghly River – 1 night Kolkata

3 nights Giza – 7 nights Nile cruise – 2 nights Luxor

Conflicts, Cures and Curiosities Cruise in the Eastern Mediterranean

From Dubrovnik to Valletta, journey through the Adriatic and across the Eastern Mediterranean, exploring history that spans thousands of years. Hear about ancient pharmacology; how religion and medicine co-existed in the ancient world; and about plagues and sailors, Victorians and volcanoes.

Throughout the cruise, enjoy private excursions that take you beyond the everyday. Explore ancient ruins from Butrint to Taormina; wander around medieval and Renaissance towns that



have charmed visitors for centuries, and relax over delicious Italian lunches.

There is a pre-cruise extension to Dubrovnik and a post-cruise extension to Malta, which delve into the history and culture of each fascinating destination.

The charming and intimate MS Monet takes no more than 50 guests. The public areas include a main lounge and bar with comfortable sofas on the Lumiere Deck, a restaurant located on the Parisian Deck and the Lumiere Open Deck al fresco dining area. The Lumiere Sun Deck provides a delightful space with sun loungers.



6 - 15 May 2025

Tour leader and speakers: Natasha McEnroe
and Simon Chaplin

www.jonbainestours.com/hmedcruise

Dubrovnik – Kotor – Sarande – Corfu – Otranto – Lecce – Crotone – Lipari – Stromboli
– Messina – Taormina – Modica – Scicli – Valletta

Tours

Medicine in South Africa with the RACGP



1 - 13 April 2024

Tour leader: Dr Matt Young

www.jonbainestours.com/racgpsa

Experience this beautiful and diverse land while gaining fascinating insight into South Africa's medicine, culture and history. Visit rural and urban clinics, a provincial hospital in KwaZulu, the famous Groote Schuur Hospital in Cape Town and a medical history museum.

Explore Cape Town and the Cape, Stellenbosch wine region and Durban. Onto KwaZulu Natal with its rich bird and animal life and Mpumalanga for game drives in Kruger National Park. End in Johannesburg to visit Soweto and the former home of Nelson Mandela. Optional extension to spectacular Victoria Falls.

3 nights Cape Town – 1 night Durban – 3 nights KwaZulu Natal
– 3 nights Hazyview – 2 nights Johannesburg

Wildflowers, Wine and History in Crete

Visiting Crete at peak wildflower season is a sensory adventure. An island brimming with beautiful flowers and stunning landscapes, there are around 2,000 species of plants, of which about 10% are endemic to Crete. Crete's natural beauty is equalled only by the richness of its history, which can be seen in labyrinthine lanes, mighty fortresses, Renaissance mansions, mosques and Turkish bathhouses.

Gourmands also need look no further on an island where 'locavore' is a way of life. Rural tavernas often produce their own meat, cheese, olive oil, raki and wine, and catch their own seafood.



14 - 20 April 2024

Tour leaders: Clive and Valerie Whittington

www.jonbainestours.com/crete

6 nights Chania

Therapy and Rehabilitation in Vietnam and Cambodia



This new study tour examines therapy and rehabilitation in Vietnam and Cambodia. It includes professional visits and meetings with physio, occupational and speech and language therapists, and provides an excellent insight into therapy and rehabilitation, health care and society. Cultural visits provide ample opportunity to experience the beauty, culture and cuisine of the languid lands of the Mekong.

These two rewarding countries are among our most successful destinations, with warm and welcoming healthcare professionals, rich history, stylish culture and delicious food.

21 April - 5 May 2024

Tour leader: Dr Gillian Webb

www.jonbainestours.com/therapyvietnam

3 nights Hanoi, Vietnam – 1 night overnight cruise, Halong Bay – 2 nights Hue
– 3 nights Hoi An – 2 nights Ho Chi Minh City – 3 nights Siem Reap, Cambodia

Midwifery in Iceland



Iceland is a magical island humming with energy and natural phenomena that turn everyday experiences – a walk, a drive, a dip in a pool – into something that will take your breath away. Its beauty comes from a vast volcanic landscape where mighty forces shape the earth: geysers and mudflats, rumbling volcanoes swathed in ice and glaciers grinding their way through mountains.

Here, midwives are known as ljósmodir, or 'Mothers of Light', which reflects the status that midwives have always held in Iceland, where formal midwifery training first began back in 1761.

6 - 15 May 2024

Tour leader: Dame Cathy Warwick CBE

www.jonbainestours.com/icelandmw

2 nights Reykjavik – 2 nights Akureyri – 1 night Egilsstaðir – 1 night Höfn – 1 night Vik
– 1 night Selfoss – 1 night Hafnarfjörður

Legacies of Plagues A Social and Medical History Tour of Italy, France and England

Learn the myriad ways plague has shaped our world from ancient times through the Black Death to COVID-19. Travelling through a range of beautiful European cities, each day will focus on a lasting legacy of plague; from marmots to mustard, to perfumes and pleasure, conspiracies and scapegoats, art, architecture and town planning.

The tour includes specialist visits, experiences, talks and culinary events, with talks from expert guides and speakers connecting past and present. Stay in excellent accommodation with ample opportunity to experience superb regional wines and cuisine.



2 - 20 May 2024

Tour leader: Dr Norman Swan

www.jonbainestours.com/plague

3 nights Venice – 1 night Bologna – 3 nights Florence – 2 nights Genoa
– 2 nights Marseille – 3 nights Lyon – 2 nights Paris – 2 nights London

Dental Study Tour to Japan

This tour takes you to the heart of both historic and modern Japan, including visits to some of Japan's most beautiful gardens. Explore chic Ginza in Tokyo and the vibrant Namba district of Osaka and one of its most iconic castles. Experience lesser-known Japan, including the samurai and geisha quarters of Kanazawa, Miyajima Island in the Inland Sea, the waterways of Tokyo and the laneways of Kyoto.

The tour includes specialist dental visits and meetings with local dentists, organised with the Japanese International College of Dentists, as well as informal meetings and dinners. This tour has broad appeal and partners are very welcome.



13 - 24 May 2024

Tour leader: Paul Johnson

www.jonbainestours.com/japandental

3 nights Tokyo – 2 nights Kanazawa – 1 night Nagoya – 2 nights Hiroshima
– 3 nights Kobe

Pharmacy in Sri Lanka



Elephants at Minneriya Tank

16 - 30 June 2024

Tour leader: Hemant Patel

www.jonbainestours.com/pharmacy

Travel with Hemant Patel, former President of the Royal Pharmaceutical Society of Great Britain, through an island brimming with historical and natural treasures. Learn about its pharmacy with some outstanding professional visits, at both a grassroots and macro level. Learn about education and training for pharmacists and gain real insight into Sri Lankan pharmaceutical practice and society.

Visit mystical ruins, jungles, tropical beaches, spice plantations and gemstone markets, national parks with huge herds of elephants and vivid green mountains. You will also stay in some stunning hotels and savour the mouth-watering local cuisine.

2 nights Colombo – 3 nights Habarana – 3 nights Trincomalee – 3 nights Kandy
– 2 nights Nuwara Eliya – 1 night Colombo

Midwifery Study Tour in the Northern Territory

Explore the dramatically beautiful landscapes of the Northern Territory and gain insight into Birthing on Country and the history and practice of midwifery through a range of specialist visits and talks.

From Darwin, travel to Katherine and into stunning Kakadu before returning to Darwin at the end of the tour. Cruise beautiful Nitmiluk Gorge, mingle in Mindil Markets, explore spectacular waterfalls and swim in hot springs and learn about local culture and history ranging from ancient times to the modern day. There is an optional extension to the Tiwi Islands.



A jabiru in Kakadu

16 – 23 June 2024

Tour leader: Ruth King

www.jonbainestours.com/mwnt

2 nights Darwin – 2 nights Katherine – 2 nights Kakadu – 1 night Darwin

Secret London V3



REDACTED, London

2 – 5 August 2024

Tour leader: Janice Liverseidge

www.jonbainestours.com/secrets

London is full of secrets. Its long and multilayered history takes many twists and turns and even today there are sides to London many people will never see.

On this tour we will reveal some of London's secrets, its hidden nooks and crannies and the places where only insiders can go; but of course, the information is strictly classified. We can only hint at our secret itinerary in this all-too-public space.

In the interests of security, we can impart no more details. All will be revealed to the privileged few who secure a place on this tour; but until then, sssshhhh.

Wildflowers, Wine and the Cape Floral Kingdom Botanical Histories in South Africa

The Cape Floral Kingdom is one of the richest areas of plant biodiversity in the world. One of only six Floral Kingdoms in the world – and the only one contained within a single country – it is by far the smallest and relatively the most diverse.

Travel with experienced botanical tour leader, Carolyn Fry, and learn about wildflowers and the Cape Floral Kingdom. Experience the vibrant culture and history of South Africa and enjoy its food and fine wine: a journey that will leave you both uplifted and inspired.



The Northern Cape

22 August - 5 September 2024

Tour leader: Carolyn Fry

www.jonbainestours.com/botanysa

3 nights Cape Town – 2 nights Hermanus – 2 nights Franschhoek
– 3 nights Langebaan – 2 nights Himeville – 1 night Durban

Shetland and Orkney: The Northern Isles



The Ring of Brodgar

1 - 9 September 2024

Tour leader: Jo Durrant

www.jonbainestours.com/shetland

Discover history that encompasses Neolithic times, the Bronze and Iron Ages, the Picts and the Vikings on two of the farthest Scottish Isles. The tour gives a superb overview of these dramatically beautiful, far-flung island neighbours, which share connections and history but retain distinctive characters.

Proceed at a relaxed pace with local guides to discover history, archaeology, geography, geology and culture and enjoy the unique wildlife of the area, from puffins to Shetland ponies. The tour coincides with the International Orkney Science Festival (5 - 11 Sept), which includes a range of talks, art, film screenings, live music and walks.

4 nights Shetland – 4 nights Orkney

Albania and Macedonia: Cultural Crossroads on the Via Egnatia

Possessing pristine natural beauty, important archaeological sites and towns sited in stunning locations that have remained unchanged through the centuries, both Albania and Macedonia have begun to attract the attention of travellers, with good reason. They have been at the crossroads of culture, faith and trade for millennia and were connected by the Via Egnatia; an important Roman road built in the 2nd century BC.

This tour explores the lesser-known history, culture and landscapes along the Via Egnatia. There is an optional extension to beautiful Corfu after the tour.



Lake Ohrid, Macedonia

10 - 21 September 2024

Tour leader: The Very Reverend
Dr Richard Marsh

www.jonbainestours.com/viaegnatia

2 nights Tirana – 3 nights Shkodër – 3 nights Ohrid – 1 night Leskovik
– 3 nights Gjirokastër

Nursing in Turkey and Greece with the Australian College of Nursing



The Blue Mosque, Istanbul

15 - 27 September 2024

Tour leader: Adjunct Professor Kylie Ward

www.jonbainestours.com/nursing

History, nursing and culture intertwine on this journey through Turkey and the Greek Islands, amidst some of the richest culture and history in the world. Visit Florence Nightingale's museum in Istanbul and review her singular contribution to nursing. Visit Gallipoli and examine how the military shaped the nursing profession and meet your nursing peers in both Turkey and Greece.

Gain unparalleled insight as you travel along the western coast of Turkey and to the Greek island of Rhodes, with a range of expert talks and specialist visits throughout and enjoy delicious cuisine. This tour is supported by the Australian College of Nursing (ACN).

3 nights Istanbul – 1 night Gallipoli – 1 night Izmir – 3 nights Seljuk – 4 nights Rhodes

Midwifery in Borneo, Bali and Lombok

Step off the tourist trail and experience lesser-travelled Borneo, Bali and Lombok. Explore the beauty of the region, where temples and shrines nestle amongst emerald-green rice terraces, orangutans loop through trees along the river and spirituality infuses everyday life.

The study tour includes a wide range of visits including to the Midwifery Association of Bali, a teaching hospital, clinic, NGOs, a local hospital in Lombok that provides both public and private midwifery care, and a traditional birth attendant in Lombok. This is a unique educational opportunity to learn about midwifery within different cultures in Indonesia and Malaysia.



Gibbons in Bako National Park

15 – 28 September 2024

Tour leader: Ruth King

www.jonbainestours.com/bbl-mw

4 nights Borneo – 3 nights Sanur – 2 nights Ubud – 4 nights Lombok

In the Footsteps of Wallace in the Malay Archipelago



Tiny tarsier, Sulawesi

20 September - 6 October 2024

Tour leaders: Dr George and Jan Beccaloni

www.jonbainestours.com/wallace

Alfred Russel Wallace was one of the greatest - and most fascinating - intellectuals of the nineteenth century. He developed the theory of evolution through natural selection in the Malay Archipelago, independently of Charles Darwin. This tour follows in the footsteps of this remarkable naturalist, from Sarawak in Borneo to Singapore, across to northern Sulawesi, to the spice island of Ternate, before ending in Bali by the Wallace Line.

The tour is led by George and Jan Beccaloni, world-renowned authorities on Wallace. These expert naturalists are also highly knowledgeable about this region, with a number of unique personal contacts.

4 nights Kuching – 2 nights Singapore – 4 nights Manado – 3 nights Ternate
– 1 night Makassar – 2 nights Bali

Medicine and Society in Armenia and Georgia

Travel from ancient Armenia, the world's first Christian country, to spectacular Georgia, whose long history has given it a colourful cocktail of influences spanning Turkey, Russia, Persia, Central Asia and beyond.

Gain insight into the ancient history and contemporary culture of both countries and enjoy delicious local food and wine in the land where wine was first produced. Explore the rich and varied musical traditions of the area, ranging from folk to monastic choral singing, and see awe-inspiring architecture in the most spectacular of settings. This tour is run in association with the Royal Society of Medicine.



Gergeti Trinity Church, Georgia

21 September - 4 October 2024

Tour leader: Janice Liverseidge

www.jonbainestours.com/armenia

3 nights Yerevan – 1 night Dilijan – 2 nights Telavi – 4 nights Tbilisi
– 2 nights Kazbegi – 1 night Tbilisi

From the Saxon Kings to Modern Germany



Dresden

30 Sept – 7 October 2024

Speaker: Giles Milton and full-time
German national guide

www.jonbainestours.com/germany

Follow the history of Germany from the powerful Saxon kings to the rise of mighty Prussia - exemplified by Sanssouci, Frederick the Great's magnificent summer palace in Potsdam. The reach of the major German kingdoms was extended via marriage into the royal families of Europe, including the British royal family. The story continues with the Kaiser and the rise and fall of imperial Germany, through WWII and the Cold War to the modern day.

Your guide and speaker will trace the fascinating history of Germany with visits to key sites to illustrate the story. Speaker Giles Milton's background is WWII and his particular focus will be 20th century Berlin and the Cold War.

3 nights Dresden – 4 nights Berlin

Ancient Anatolia: The Origins of Belief

Travel to southeastern Turkey and northern Mesopotamia, an area rich in ancient history, where ongoing archaeological discoveries further substantiate its claim to being a cradle of civilization.

Tour leader, The Right Reverend Lindsay Urwin, takes you to an area undiscovered by mass tourism, to explore such gems of antiquity as the earliest surviving man-made temple in the world. Along the way, experience a traditional society and enjoy its cuisine. Lindsay will give a series of specialist talks during the tour to provide context and explore the beliefs and history of the region.



Nemrut Dagı

1 - 13 October 2024

Tour leader: The Right Reverend
Lindsay Urwin OGS

www.jonbainestours.com/origins

3 nights Diyarbakir – 2 nights Sanliurfa – 1 night Adiyaman – 3 nights Gaziantep
– 3 nights Cappadocia

Dental Study Tour in Uzbekistan



Bukhara

7 - 19 Oct 2024

Tour leader: Dr Ashok Sethi

www.jonbainestours.com/uzbekdental

A rare opportunity to experience the culture, stunning architecture and cuisine of Central Asia's historic Silk Road alongside a professional dental itinerary.

Travel in the footsteps of Silk Road caravans through dramatic isolated landscapes and ancient cities, brimming with some of the most spectacular architecture to be found on the Silk Road.

Visit the birthplace of the 12th century physician, Avicenna, and learn of his legacy, meet your dental peers and gain real insight into local dental practice.

2 nights Tashkent – 3 nights Khiva – 3 nights Bukhara – 3 nights Samarkand
– 1 night Tashkent

Japan - Historical and Contemporary



Fushimi Inari Shrine

3 - 13 Nov 2024

Tour leader: Jason James OBE

www.jonbainestours.com/japan

Travel with Jason James OBE, the Director General of the Daiwa Anglo-Japanese Foundation, on a tour through Japan's long history.

Follow Japan's rich and fascinating history from the earliest historical records, continuing via the shoguns, the arrival of the black ships, the Meiji Restoration and the opening of Japan, to the modern day.

The tour includes a range of specialist visits and experiences in Osaka, Kyoto, Nara, Hakone, the Izu Peninsula and Tokyo, which are illustrated by short talks by Jason throughout the tour.

2 nights Osaka – 3 nights Kyoto – 2 nights Mishima – 3 nights Tokyo

Women's Health in Japan: Obstetrics and Gynaecology

This new study tour provides rare access and insight into obstetrics and gynaecology, women's health and contemporary Japanese practice, with a range of visits and meetings. Fascinating cultural visits balance the professional itinerary at a spectacular time of year.

See Japan's most famous traditional art and crafts, as well as contemporary art, visit two of Japan's three great gardens during their magnificent autumnal display; see one of its most imposing castles Himeji, and the ancient capital of Kyoto. Experience the geisha district of Kanazawa and the laneways of Kurishiki, and cruise across the Inland Sea.



Kyoto in autumn

28 Oct - 9 Nov 2024

Tour leader: Richard Smith MD, FRCOG

www.jonbainestours.com/ogjapan

3 nights Tokyo – 2 nights Kanazawa – 3 nights Okayama – 2 nights Kobe
– 2 nights Kyoto

Midwifery in South Africa

This midwifery tour shows you the many faces of this beautiful and diverse land. Travel from Johannesburg into the safari country of Mpumalanga and the Kruger National Park, along the world famous, spectacular 'Panorama Route', into stunning Eswatini (formerly Swaziland) and Zululand, ending in the cosmopolitan harbour city of Cape Town.

Professional visits and talks will provide real insight into the medical and social issues surrounding midwifery and maternity care in South Africa. There is an optional pre-tour extension to spectacular Victoria Falls.



Mother lion and cubs

3 - 14 November 2024

Tour leader: Dr Mary Ross-Davie

www.jonbainestours.com/rsamidwifery

2 nights Johannesburg – 3 nights Timbavati Safari Lodge – 1 night Eswatini
– 2 nights KwaZulu Natal – 1 night Durban – 2 nights Cape Town

Veterinary Study Tour in Argentina



A gaucho herding wild horses in Argentina

4 - 17 November 2024

Tour leader: Campbell Costello

www.jonbainestours.com/vets

3 nights Iguazú – 3 nights Buenos Aires –
3 nights Bariloche – 3 nights Calafate
– 1 night Buenos Aires

This tour takes you to four incredible and very different parts of Argentina. Travel from vast Iguazú Falls to the cosmopolitan elegance of Buenos Aires, onto the mountains and pristine lakes of Bariloche, before ending amongst the blue glaciers of remote Patagonia.

See veterinary conservation in the tropics before continuing to Buenos Aires to learn about equine therapy for children, visit a veterinary association, an equine rehabilitation centre and a polo horse breeder. In Patagonia, experience the country by horseback, have an asado lunch at an estancia and learn firsthand about farming animals in remote landscapes. Enjoy the fine wines and food of Argentina and see authentic tango in the most sophisticated city in South America.

Ophthalmology in Sri Lanka

With no fewer than eight sites on the UNESCO World Heritage List, Sri Lanka offers mystical ruins, jungles, pristine tropical beaches, spice plantations and gemstone markets, national parks with huge herds of elephants, vivid green mountains and the best place for seeing blue whales in the world. Stay in some stunning hotels and enjoy mouth-watering cuisine.

Led by Prof. Harminder Dua, a leading ophthalmologist who has made significant contributions to the field, professional visits include the National Eye Hospital in Colombo, dinner with local ophthalmologists and visits to other hospitals and clinics.



The historic city of Galle

17 – 30 November 2024

Tour leader: Professor Harminder Dua

www.jonbainestours.com/ophthal

2 nights Colombo – 3 nights Habarana – 2 nights Kandy – 2 nights Nuwara Eliya –
3 nights Galle – 1 night Colombo

Integrative Medicine in South India



The Keralan martial art of Kalaripayattu

26 January – 8 February 2025

Tour leader: Michael Dooley

www.jonbainestours.com/indiinteg

3 nights Cochin – 1 night Calicut –
4 nights Wayanad – 3 nights Mysore –
2 nights Bangalore

Travel from the tranquil backwaters of Kerala, to the lush hills of the Western Ghats, to gracious Mysore. One of the oldest medical systems in the world, Ayurveda traditionally ran parallel with Western medicine within India, but this has recently changed.

Learn how Ayurveda and Western medicine are becoming much more integrated with visits to a range of practices and some leading practitioners, including the famous Souka Holistic Health Care Centre in Bangalore.

Experience contemporary integrative medicine in the culture that gave birth to Ayurveda on a tour that is itself a restful experience, with ample opportunities for boat rides, massage and relaxation.

Therapy and Rehabilitation in Sri Lanka

Welcome to Sri Lanka, a small island crammed full of treasures. It boasts no fewer than eight UNESCO World Heritage Sites; mystical ruins, jungles, gleaming white tropical beaches, national parks with giant elephants and fleet leopards, seas with blue whales, and mouthwatering cuisine.

Gain unique insight into its physiotherapy and occupational therapy and meet your Sri Lankan counterparts. Examine rehabilitation, mental health, childcare, the elderly, and disaster rehabilitation, and traditional rehabilitation. Professional visits range from large hospitals and smaller clinics to NGOs. Many visits are complemented by a range of talks and meetings with local therapists.



Sri Lankan mother and baby

24 February - 8 March 2025

Tour leader: Kit Sinclair PhD

www.jonbainestours.com/srilankatr

2 nights Colombo – 3 nights Sigiriya –
2 nights Kandy – 2 nights Nuwara Eliya –
3 nights Galle – 1 night Colombo

Medicine in North India



Taj Mahal at dawn

16 – 30 March 2025

Tour leader: Janice Liverseidge

www.jonbainestours.com/indiamed

This tour takes you on a grand tour through India's rich history, culture and medical tradition. Starting in Delhi, where Mughal and colonial history rub shoulders alongside a vibrant contemporary culture, continue to the pink city of Jaipur before heading to Agra, home to the magnificent Taj Mahal. Continue to elegant Lucknow and then sacred Varanasi on the banks of the Ganges. Finish in Kolkata, a hub of Bengali literature, music and philosophy.

The medical programme has specialist visits ranging from the Jaipur Foot, to prestigious teaching hospitals and Ayurvedic practitioners, and is balanced by wide ranging cultural visits.

2 nights Delhi – 3 nights Jaipur – 1 night Agra – 3 nights Lucknow –
2 nights Varanasi – 3 nights Kolkata

Nursing and Midwifery in Peru

Peru - land of gold and the sun-worshipping Incas, the biggest empire in pre-Columbian America. From its tropical rainforests and indigenous tribes, to the towering Andes, to the coastline dotted with Inca ruins, Peru is an extraordinary destination. This tour takes you on a journey from Lima, a modern city with a colonial past, through the Andes to Cusco and onto the lost city of Machu Picchu; the most magnificent legacy of the Incas.

This bespoke tour combines a rich cultural programme with CPD professional visits. These visits examine nursing, midwifery and women's health in Peru, a country where modern and traditional health care are both widely practiced.



A girl with her llama near Machu Picchu

31 March - 12 April 2025

Tour leader: Ruth King

www.jonbainestours.com/perumw

3 nights Lima – 3 nights Sacred Valley –
1 night Machu Picchu – 2 nights Cusco –
2 nights Puno – 1 night Lima

Botanical Histories in Sri Lanka



Tea picker in Nuwara Eliya

30 March – 13 April 2025

Tour leader: Carolyn Fry

www.jonbainestours.com/srilankabot

Travel in the company of botanical expert, Carolyn Fry, to discover Sri Lanka's botanical treasures.

Learn about its spice trade and production, both historical and contemporary, with practical applications in a cooking demonstration. Discover the significance of the Bo-tree and lotus flower at Dambulla Caves and walk through the Popham Arboretum, Sri Lanka's only dry zone arboretum.

Visit the impressive botanical gardens in Peradeniya and Nuwara Eliya, as well as Victoria Park in Nuwara Eliya for the annual flower show, with which the tour coincides.

2 nights Colombo – 3 nights Habarana – 2 nights Kandy – 3 nights Nuwara Eliya –
3 nights Galle – 1 night Colombo

COMING SOON

■ = Cruise ■ = Tour

'Save the date' for these tours in development

Tour Name	Tour Date	Tour Leader
■ Palliative Care in the Northern Territory	25 Aug - 1 Sept 2024	Shyla Mills
■ Medicine in Cuba	Jan 2025	TBC
■ Veterinary Study Tour in South Africa	Feb 2025	TBC
■ Engineering in North India	Feb 2025	Michael Knight
■ Dental Study Tour and Cruise in Thailand and Laos	12 - 25 Mar 2025	Prof. Philip Dowell
■ Palliative Care in Nepal	24 Mar - 6 Apr 2025	Shyla and Jason Mills
■ Medicine in China	Apr 2025	TBC
■ Kingdoms of the North	May 2025	Paul Luckin
■ Ports and Cuisine in the Mediterranean	May 2025	Lucy Malouf



**Jon Baines
tours**

Contact Information

For more information about any of these tours please contact us to request the relevant brochure. You can also download brochures from the website.

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Strokkur Geyser in Iceland