



The spectacular vista of Sete Cidades ('Seven Cities') in São Miguel, Azores

## From the Edge of the Atlantic to the Azores Cruise

18 October – 2 November 2021

Liverpool – Belfast – Vigo – Lisbon  
– The Azores – La Coruña – Liverpool





Lagoa do Fogo (Lake of Fire) in São Miguel Island, Azores

**This ex-UK tour takes you from Liverpool across to the vibrant, contemporary city of Belfast, down to the beautiful green coasts of Galicia and to gorgeous Lisbon, before sailing across to the remote, sub-tropical Azores – a scattering of Eden-like islands, which are the tips of vast underwater mountains in the middle of the Atlantic Ocean.**

These spectacular islands lie on the nexus of three tectonic plates, resulting in their extraordinary landscapes. This is a world of fumaroles and hot springs; of caverns and twisting columns formed from once molten

rock; of blue lakes edged by sub-tropical forests, and vivid green pastures sweeping up the slopes of calderas.

This relaxing cruise returns to Liverpool at the end of a journey encompassing vibrant cities, natural beauty, maritime and Napoleonic history and sub-tropical gardens, as well as a late, welcome dose of southern sun. There will be a number of wide-ranging talks during the cruise; some of these will be public (open to the whole cruise) and some will be private to Jon Baines Tours travellers.

## Tour Leaders

**Dr John Richardson** is an Emeritus Professor of Primary Care and General Practice. He also worked for three years as an occupational physician in Northern Ireland. He has led study tours worldwide and was a medical escort to parties of war widows and veterans on journeys of remembrance for the Royal British Legion. He has also run many history of medicine battlefield tours. He has visited more than 80 countries and worked in 41 of them as a doctor. He has also given lectures on cruises.

**Susi Richardson** has travelled widely across the world with John either as an expedition nurse, or as a nurse on war grave pilgrimages for the Royal British Legion, or as co-tour leader for Jon Baines Tours.



John and Susi have previously led tours for Jon Baines to China, Central Asia, India, Turkey, Central America, Ecuador and the Galapagos, Namibia, Ethiopia, Vietnam, Cambodia, Burma, Egypt, Libya, and on cruises.

The pretty town of Angra de Herismo, Paia da Victoria Azores



# Itinerary 18 October – 2 November 2021

**B** = Breakfast **L** = Lunch **D** = Dinner

Liverpool – Belfast – Vigo – Lisbon – Azores Islands – La Coruña – Liverpool



## Day 1: Liverpool, UK (Mon, 18 Oct) **D**

Pm: Embark on the cruise from Liverpool.

Eve: Private welcome drinks and dinner.

## Day 2: Belfast (Tue, 19 Oct) **B L D**

Am: Famed for being the birthplace of the RMS Titanic, Belfast is today a modern, stylish and vibrant city. Take a bus tour of Belfast's historic city centre and continue to visit the murals on Falls Road and hear stories of Belfast during the Troubles. Continue on to the acclaimed Titanic Museum for a self-guided tour with commentary.

Pm: Cruise the Irish Sea and join the Captain's welcome cocktail party in the evening.

## Day 3: At Sea (Wed, 20 Oct) **B L D**

Am: Public talk: *"Titanic and her Sisterships, Olympic and Britannic"* - Peter Hore (PH).

Pm: Private talk: *"The Mortal Memory (Nelson's wounds and illnesses)"* - Michael Crumplin (MC).

## Day 4: Vigo, Spain (Thur, 21 Oct) **B L D**

Am: Public talk to mark Trafalgar Day: *"The*

## *Campaign of Trafalgar 1803/05"* PH.

Pm: Visit the Castro Fortress with its a lookout over Vigo and the lovely gardens of Parque del Monte Castro. Take a walking tour of Vigo's old town and learn of the history of some of its famous sculptures. At leisure to enjoy Galicia's famed seafood and Albariño wine.

Eve: Set sail.

## Day 5: Lisbon, Portugal (Fri, 22 Oct) **B L D**

Am: A full day at leisure to explore Lisbon OR take an optional tour.

## Day 6: At Sea (Sat, 23 Oct) **B L D**

Am: Private talk: *"Sir George Rooke, the Battle of Vigo Bay and the taking of Gibraltar 1702/04"* - PH.

Public talk: *"Surgery in Nelson's Navy (Deals with Trafalgar & Nelson's demise)"* - MC.

Pm: At leisure.

## Day 7: At Sea (Sun, 24 Oct) **B L D**

Am: Public talk: *"The Bloody Fields of Waterloo (Battle and medical aspects)"* - MC.

Pm: Private afternoon tea and at leisure.

## Day 8: Praia da Vitória, Azores, Portugal (Mon, 25 Oct) **B L D**

Am: Transfer to the attractive small city of Angra do Heroísmo, overlooked by the 205-metre high Monte Brasil Volcano. Built on the maritime trade with the Americas, it was the most important city in the Azores. The city is a UNESCO World Heritage Site and boasts interesting museums and impressive architecture such as the 16th century Sé Cathedral.

Pm: At leisure in either Angra do Heroísmo or the port of Praia da Vitória.

Eve: Depart Praia da Vitória.

## Day 9: Horta, Azores, Portugal (Tue, 26 Oct) **B L D**

Am: Full day at the tranquil port of Horta on

Faial Island. At leisure to explore the port or dramatic landscapes of volcanic craters, peaceful lakes and emerald-green valleys. The Capelinhos Volcano is the island's most famous landmark and can be seen on an optional 4x4 adventure tour.

**Day 10: Ponta Delgada, Azores, Portugal (Wed, 27 Oct)**

**B L D**

**Am:** A full day shore excursion exploring the botanical gardens and spectacular volcanic landscapes of São Miguel Island and Ponta Delgada, the capital of the Azores archipelago. Travel to the extinct Sete Cidades Volcano – one of the seven wonders of Portugal – to see the 13-kilometre-wide crater and colourful lakes. Explore Terra Nosta Park, a haven of beautiful gardens, geo-thermal pools and dense woodlands with endemic flora. Continue to the hot springs of Furnas Valley. Return to Ponta Delgada with time to explore before embarking the ship.

**Day 11: At Sea (Thur, 28 Oct)**

**B L D**

**Am:** Public talk: *“The Wrens and the Wireless War in WW2”* - PH.  
Public talk: *“Blood and Dust - Malta 1565 & 1942 (The two sieges)”* - MC.  
**Pm:** At leisure.

**Day 12: At Sea (Fri, 29 Oct)**

**B L D**

**Am:** Private talk: *“From the Horse’s Mouth – 20 years as an obituarist”* - PH.

Public talk: *“General Sir John Moore and the retreat to Coruña”* - MC.

**Pm:** At leisure.

**Day 13: La Coruña, Spain (Sat, 30 Oct)**

**B L D**

**Am:** Visit the 60-metre-high Torre De Hercules – said to be the only Roman lighthouse in existence – with its sweeping coastal views. Continue to Obelisco, known as the Spanish Stonehenge. Travel to the lookout point of San Pedro for superb views and to Riazor Beach. Explore La Coruña’s historical old town on a walking tour including Maria Pita Square, Saint Carlos Garden and the tomb of Sir John Moore.

**Pm:** At leisure in La Coruña.

**Eve:** Set sail and join the Captain for a farewell cocktail party.

**Day 14: At Sea (Sun, 31 Oct)**

**B L D**

**Am:** Full day at sea. Public talk: *“News of Nelson – the race to bring home the news of Trafalgar”* - PH.

Private talk: *“Losing Sight of the Glory - Six centuries of Combat Surgery (Evolution of military surgery, Agincourt to Helmand)”* - MC.

**Day 15: At Sea (Mon, 1 Nov)**

**B L D**

**Am:** Full day at leisure at sea.

**Day 16: Liverpool, UK (Tue, 2 Nov)**

**B**

**Am:** Arrive Liverpool early morning and disembark.

The rooftops of Lisbon

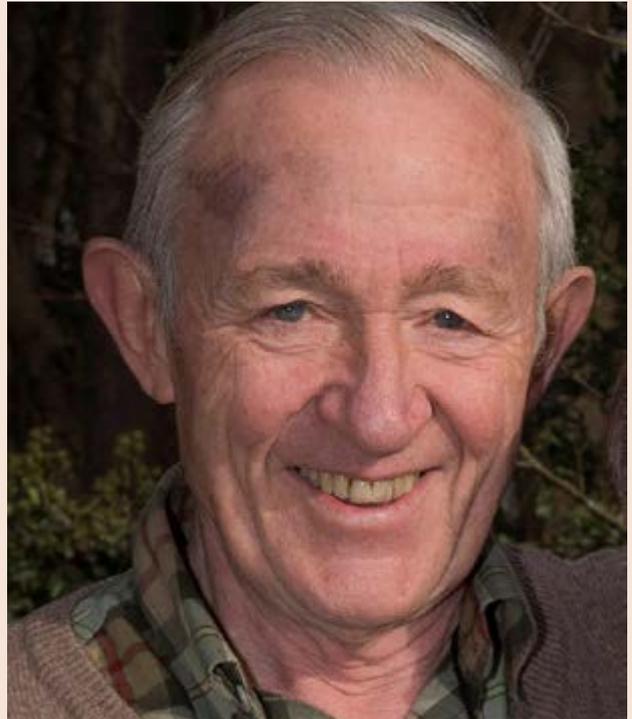


## Speakers

**Michael KH Crumplin** is a retired consultant surgeon, educated at Wellington College and the Middlesex Hospital. During his career he was chairman of the Court of Examiners of the Royal College of Surgeons of England. He served on the council of the College and was elected an honorary fellow of the Royal College of Surgeons of Edinburgh.

After studying the history of surgery for over 45 years, he devotes time to writing, lecturing and supporting students, research workers and the media. His principal purpose is to promote interest in the human cost of war.

He is an honorary curator and archivist at the Royal College of Surgeons and has been treasurer/trustee of the Waterloo Committee, heading up the educational group for the Bicentenary of the Battle of Waterloo. He is a



trustee for the new DCMS-funded education project, the Age of Revolution. He was recently elected a Fellow of the Royal Historical Society.



**Captain Peter Hore** served worldwide during a full career in the Royal Navy, retiring as a Captain RN in 2000. He spent nine years in the film and

TV industry, and is now a full-time speaker, author, editor and journalist. Peter's naval career as logistics specialist included exchange service in the United States Navy, and two tours of duty in NATO's Standing Naval Force Atlantic, and he qualified as an interpreter in Spanish and Swedish, and as a Cantonese linguist.

During the 1982 Falklands War he was the Joint Logistics Commander on Ascension Island, and he has since helped to direct the Royal Navy's applied research programme (1992-94) and headed its non-technical research programme (1997-2000).

His last appointment in uniform was as Head of Defence Studies during the British government's 1998 Strategic Defence Review, when he was responsible for researching defence doctrine and operational concepts and facilitating the exchange of views between the defence-academic community and the Ministry of Defence's central and naval staffs.



The *Borealis*

## The Ship

The elegant *Borealis* harks back to an earlier sailing era; it was the name of an Olsen-owned vessel in the 1940s, and it also evokes the *Aurora Borealis*. As such the name connects with both the founding family's history and their Norwegian heritage. Stylish, spacious and comfortable, with capacity for fewer than 1,400 guests, she offers a more traditional style of cruising.

While *Borealis*' capacity is smaller than many cruise vessels, she's still one of the largest Fred Olsen ships, with eleven stylish and comfortable bars and lounges providing ample space, choice

and variety, as well as six restaurants. Other facilities include an all-season pool, a spa, fitness gym and jacuzzi, sports courts and theatres.



The Explorer's Lounge (right); Titanic Museum, Belfast (below)





A traditional building in Angra do Heroísmo, Praia da Vitória, Azores (top); The Torre de Hércules, the Roman lighthouse in La Coruña (credit Gonzalo Azumendi) (above)

## The cost of the cruise per person is:

I Grade	Twin Inside	£2,480
E Grade	Twin Outside	£2,995
E Grade	Outside Twin as single	£4,398
D Grade	Twin Outside	£3,084
D Grade	Outside Twin as single	£4,468
CO Grade	Twin Outside	£3,170
CO Grade	Outside Twin as single	£3,995
C Grade	Superior Twin	£3,386
BS Grade	Balcony Suite twin	£5,390

## Cabins

**I Grade** - Interior Cabins with two single beds that can be converted into a queen; bathroom with shower only.

**E Grade** - Ocean View Cabins identical to C Grade, although some have bathroom with shower only.

**D Grade** - Ocean View Cabins identical to C Grade, although some have bathroom with shower only.

**CO Grade** - Cabins have a picture window, but with a fully obstructed view; otherwise identical to C Grade, although some have bathroom with shower only.

**C Grade** - Superior Ocean View cabins, midship; large ocean view with a window; with two single beds that can be converted into a queen; both bath and shower.

**BS Grade** - Balcony Suites on higher decks; with two single beds that can be converted into a queen; bathroom with bath and/ or shower, sitting area with floor to ceiling windows and private balcony; mini-bar and refrigerator.

Please contact us for a deck plan and full specific cabin details.

## The cost includes:

- Comprehensive briefing notes
- 15 nights' accommodation on MS Borealis
- The services of tour leaders (John and Susi Richardson)
- All meals on the cruise ship and iced water, standard tea and coffee with all meals and juice for breakfast
- Lunch on full-day excursion
- Tea and coffee making facilities in cabins
- All on-board entertainment
- Private escorted shore visits as per the itinerary and admission fees where applicable
- Services of local English-speaking guides
- Cabin portage and all tips
- Drinks parties

## The cost excludes:

All personal extras eg laundry, vaccinations; all optional excursions, tours and visits; drinks not mentioned; travel insurance and visas (if required).

# About Us

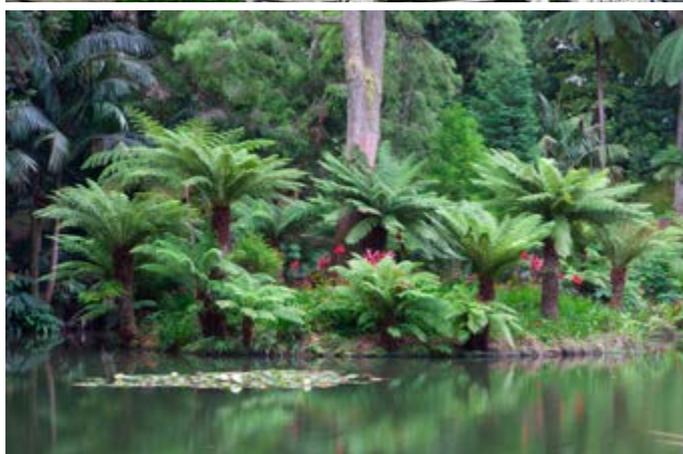
To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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Belem Tower, Lisbon (top); Dolphins leaping off Horta, Faial Island; Horta, Faial Island, Azores; Explore Terra Nostra Park on São Miguel (above)



Jon Baines  
tours

