



London and the River Thames

In the Footsteps of Florence Nightingale

11 – 16 May 2020



Jon Baines
tours



London skyline

Follow in the footsteps of Florence Nightingale on a specially designed tour that brings her remarkable story to life on the 200th anniversary of her birth.

This tour immerses you in her life in England, before she travelled to the battlefields of the Crimea and the hospital at Scutari in Istanbul, where the wounded arrived in their thousands. The shocking conditions she encountered here spurred her on in her lifelong campaign to improve conditions in army hospitals, which helped establish modern nursing practices.

Hear how she campaigned for improvements in health care, hygiene and nursing in London, the centre of her professional life. Travel to Hampshire in southern England and see grand Embley Park, a former home of the wealthy Nightingale family. Visit the Nightingale family burial site, as well as one of her childhood homes in Lea Hurst in Derbyshire. Meet with local experts throughout the tour and gain real insight into her life and nursing in the nineteenth century.

Arrive in London and check into your hotel. Spend the afternoon at leisure before meeting the group and your tour leader, Janice Liverseidge, for dinner in the evening.

The following morning set out to explore London on a walking tour of Mayfair and see Florence Nightingale's London home in South Street. Walk down famous Harley Street - which was the site of her Women's Hospital in Marylebone - and hear about the development of medical institutions during her lifetime. Visit



The beautiful Derbyshire countryside



Wilton Hall (top); Embley Park (above)

Fortnum and Mason's – the 'Queen's Grocer' in Piccadilly - where Nightingale purchased her beef tea, and Floris, where she bought her perfume. Travel to Parliament Square, where the service of commemoration will take place at Westminster Abbey.

Next morning meet with the Chair of the Florence Nightingale Derbyshire Association, Pat Smedley, who will accompany you on your drive into rural England to visit Nightingale's childhood home in the Amber Valley in Derbyshire. Nightingale returned here to Whatstandwell Station when she came back from Scutari and the original train platform is still in use today. Stand on the platform upon which Nightingale disembarked after what was no doubt an emotionally charged journey, before she walked to Lea Hurst, one of the homes of her childhood. Pat Smedley will give an informal talk on Nightingale in Derbyshire and stop for lunch at her local pub, the seventeenth-century Jug and Glass Inn, which

was built by the Nightingale family. Return to London later that afternoon.

The following day travel to Wilton House in Salisbury. The house was the former home of Sidney Herbert, the government minister who assisted Nightingale during and after the Crimean War. Take a tour of this beautiful stately home and its gardens. Continue to St Margaret's Church in West Wellow, the Nightingale family burial site. This small church was founded in 1215, the year of the signing of the Magna Carta, and contains in one window the 'Scutari Cross', originally made of bullets from the Crimea. Beside it is a framed text, which was hanging in Florence Nightingale's bedroom when she died. Pay your respects at the grave of Florence Nightingale before continuing to grand Embley Park, a former home of the wealthy Nightingale family, now a school. Return to London in the late afternoon.

After breakfast the next morning enjoy a panoramic bus tour of London, taking in sights including the Strand, St. Paul's Cathedral, the statue of Florence Nightingale, Buckingham Palace and the Houses of Parliament. In the afternoon see St. Thomas' Hospital before visiting the Florence Nightingale Museum with a talk on Nightingale's legacy by a curator. There will be chance to explore the museum before a farewell dinner in the evening.

The tour ends after breakfast the next day. Alternatively, you can continue on the Florence Nightingale tour to Istanbul, or extend your stay in London or elsewhere in the UK.



St. Margaret's church, West Wellow

Itinerary 11 – 16 May 2020

B = Breakfast **L** = Lunch **D** = Dinner

11 May (Mon) London **D**

Pm Arrive and check into the Copthorne Tara Hotel. Meet with tour leader Janice Liverseidge who will give a short overview of London and the UK during the age of Florence Nightingale

Eve Welcome dinner in Kensington

12 May (Tue) London **B**

Am Walking tour of Mayfair to see Florence Nightingale's London home in South Street. Continue down Harley Street to the site of her Women's Hospital in Marylebone and hear about the development of medical institutions during her lifetime

Pm Visit Piccadilly and Fortnum and Mason's (The Queen's Grocers), where she purchased her beef tea, and Floris, where she purchased her perfume. Travel to Parliament Square, where the commemoration service will take place at Westminster Abbey*

13 May (Wed) London / Derbyshire / London **B L**

Am Meet with the Chair of the Florence Nightingale Derbyshire Association, Pat Smedley, and drive to Whatstandwell Station in Derbyshire. Talk from Pat Smedley: *"The Early Life of Florence Nightingale."* Continue to Nightingale's childhood home, the village of Lea Hurst

Pm Explore Lea Hurst. Lunch at the Jug and Glass Inn. Return to London



St. Paul's Cathedral



14 May (Thur) London / Wiltshire & Hampshire / London **B**

Am Drive to Wilton House, the former home of Sidney Herbert, the government minister who assisted Nightingale during and after the Crimean War

Pm Continue to St Margaret's Church in East Wellow. Visit Florence Nightingale's grave. Visit her family home at Embley Park ** and return to London

15 May (Fri) London **B D**

Am Panoramic bus tour of London, seeing the Strand, St Paul's Cathedral, the statue of Florence Nightingale, Buckingham Palace, Westminster Abbey and the Houses of Parliament

Pm See St. Thomas' Hospital. Visit the Florence Nightingale Museum with a talk by the curator on Nightingale's legacy

Eve Farewell dinner in Kensington

16 May (Sat) London **B**

Am Tour ends after breakfast, or continue with the tour to Istanbul to visit Scutari

* There will be a commemoration service on the 12th at Westminster Abbey. Tickets can be requested at <https://florence-nightingale-foundation.org.uk/about/westminster-abbey-commemoration-service>. Jon Baines Tours will be applying for tickets, but we cannot guarantee how many we will get, if any, so if you would like to attend we suggest you also request tickets.

** Embley Park is a working school and visits here are at their discretion.

Tour Leader

Janice Liverseidge was until recently a Director at The Royal Society of Medicine. She is now a full time guide and in her spare time a trustee of both the Royal Medical Benevolent Fund and the London Handel Festival. Earlier in her career she worked for the British Medical Association. She is also a registered Blue Badge Tourist Guide and regularly leads groups in London on medical history walks, tours of the Wellcome Collection and other healthcare locations. She also provides music and art tours for the Foundling Museum and the London Handel Festival. Janice has travelled extensively and has led highly successful RSM tours to Vietnam and Cambodia, Sri Lanka, Cuba and China.

Hotel

The Copthorne Tara Hotel

Tucked down a quiet road off High Street Kensington, the Copthorne Tara Hotel is ideally located for exploring London. The hotel has spacious rooms with big windows, with tea and coffee making facilities, comfortable beds and complimentary handy smartphones. The hotel features a bar, lounge, a restaurant offering classic British cuisine as well as a brasserie with Asian style dishes.



A room at the Copthorne Tara

**The cost of the tour is
USD \$1,998 per person
(not including international
flights and airport transfers)**

The cost includes:

- 5 nights' accommodation in twin bedded rooms with private facilities at the Copthorne Tara Hotel

Single supplement USD \$473

- Tour leader (Janice Liverseidge)
- Breakfast daily
- Welcome dinner, pub lunch, farewell dinner
- Comprehensive briefing notes
- All travel as per the itinerary
- All admission fees
- Tips

The cost excludes:

- International flights and airport transfers
- Meals not mentioned and drinks with meals
- All personal extras such as porterage, laundry, inoculation fees
- Travel insurance
- All optional excursions, tours and visits
- Visa (if required)

Florence Nightingale's statue



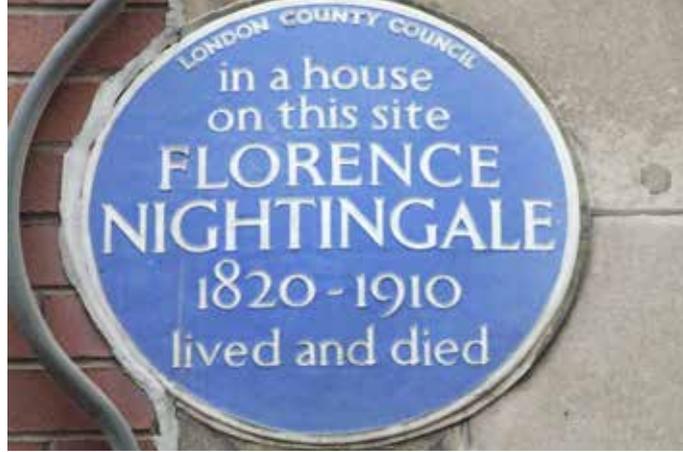
About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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Florence Nightingale's blue plaque (top); St. Thomas' Hospital; Buckingham Palace; Whatsandwell Station, Derbyshire (above)



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