



Cruise to Mâcon in Burgundy

Dental Cruise along the Rhone, Burgundy and Provence

8 – 16 June 2023



Jon Baines
tours



Explore Avignon and the Papal Palace

Enjoy this uniquely beautiful cruise from Lyon along the French rivers, the Rhône and the Saône. Experience picturesque villages, world famous wine regions such as the Côte d'Or, impressive and historic cities and unforgettable landscapes as you cruise through Provence and Burgundy.

Food, wine, art, architecture, scenery and history combine in glorious harmony in the south of France. The cruise combines a range of specialist excursions that focus on each of these.

There are a series of dental talks on the cruise and a specialist professional visit to Lyon Dental School with experienced tour leader Professor Phillip Dowell, a past European President for the International College of Dentists.

Travel in comfort and style on the luxury Amadeus Provence cruise ship and enjoy the cuisine and fine wines of the region at a beautiful time of year. The cruise ends in Lyon, known for its charming architecture, cuisine and textiles. Extend in Lyon or go to Dijon, Montpellier or beyond.

Tour Leaders

Professor Phillip Dowell qualified at The London Hospital and after a number of hospital jobs entered general practice. Some years later, after working in the West Indies, he won an international fellowship to study at the Eastman Dental Centre in the USA. He continued his post graduate studies at the University of Wales College of Medicine and subsequently taught both undergraduates and postgraduates in the area of periodontology. He is a specialist periodontist and past president of the British Society of Periodontology. Phillip Dowell has lectured both nationally and internationally and is the author of many publications. Phillip has been a visiting Professor at the University of Surrey and President of the European Section as well as the International President of the International College of Dentists (ICD).

He is currently Director of Development of the ICD and chair of it's Global Visionary Fund (GVF). He has led previous study tours to China, Ecuador, South Africa, Vietnam, Isreal, Cambodia and around the Mediterranean..

Dr Sheila Stork is an independent consultant occupational physician. She is a Fellow of the Faculty of Occupational Medicine and a specialist in aviation medicine. She is recently retired and was Medical Adviser to the British Airline Pilots Association and a member of several professional bodies, including the Royal Aeronautical Society. Phillip and Sheila have led successful tours to China, India, Argentina, Ecuador and Vietnam and on cruises in the Mediterranean and river cruises along the Rhine and Danube.

Cruise the Rhône and Saône through Provence and Burgundy on the Amadeus Provence



7 nights cruising the Rhone and Saône – 1 night Lyon



Day 1: Lyon (Thurs, 8 June) **D**

Pm: Embark on the Amadeus Provence and meet the group.

Eve: Welcome dinner and start the cruise.

Day 2: Mâcon (Fri, 9 June) **B L D**

Am: Arrive in Mâcon in southern Burgundy. This historic wine region produces some of the finest and most expensive wines in the world. Explore Mâcon and visit some of the Beaujolais and Mâconnais vineyards and "Hameau Duboeuf" wine museum and learn of the history of Burgundy wines. Take part in a tasting of Beaujolais wines.

Pm: Following lunch on board, there are optional excursions to either Cluny Abbey or Chateau de Pierreclos, with its romantic wine cellars, for a tasting of local wines and cheeses.

Day 3: Chalon-sur-Saône (Sat, 10 June) **B L D**

Am: Visit Chalon-sur-Saône and continue to Beaune, the wine capital of Burgundy. Visit the ancient hospice of Hôtel-Dieu, founded in 1443, and enjoy a wine tasting experience at one of Beaune's famous cellars. There is also a lively Saturday market.

Pm: Optional afternoon excursions include a visit the Château de Cormatin, one of the most opulent castle interiors in Burgundy, or a guided tour to Tournus, a picturesque little town. CPD dental lecture.

Day 4: Lyon (Sun, 11 June) **B L D**

Am: Lyon is known known for its gastronomy and textiles. Take part in a curated culinary tour of Lyon's food market. Explore with a local guide the best producers in Lyon at Les Halles Paul Bocuse, including cheese makers, chocolatiers, bakers, pastry chefs, delicatessens, charcuteries and wine merchants.

Pm: At leisure and cruise south along the Rhone.

The Hospice at Beaune with its famous wine cellars





The white horses of the Camargue

Day 5: Avignon (Mon, 12 June)

B L D

Am: Spend the day exploring the Provençal city of Avignon, once the seat of the Catholic Pope, on a walking tour. See the grand Palace of the Popes, one of the world's most fascinating examples of Gothic architecture.

Pm: Explore the city at your own pace or join an optional excursion either to the Pont du Gard, a Roman aqueduct, or the Roman city of Nîmes; or visit the nearby town of Châteauneuf-du-Pape for a wine tasting tour (this is an additional private excursion based on minimum numbers).

Day 6: Arles (Tues, 13 June)

B L D

Am: Cruise to Arles, which once captured the imagination of the Impressionist painter, Vincent van Gogh. Morning CPD Open Forum. Optional visit to Tarascon, a Provençal town or explore Arles at your leisure.

Pm: Excursion to the Camargue Nature Park. The region (the delta of the Rhône River) is home to an astonishing range of wildlife, including the renowned Camargue bulls and the white Camargue horses who roam freely. Continue to Saintes Maries de la Mer, where the Rhône joins the ocean.

Day 7: Châteauneuf-du-Rhône (Wed, 14 June)

B L D

Am: The option of a full day at leisure onboard. Optional guided tour to the Ardèche Gorge or to the medieval village of Grigna to see Grignan castle and a traditional truffle farm for a tasting.

Day 8: Lyon (Thurs, 15 June)

B L D

Am: Disembark following breakfast. Orientation tour of Lyon and see the Basilica of Notre-Dame de Fourvière, standing high on a hill, offering unforgettable views of the city. Continue to explore Lyon's Old Town and check into the hotel.

Pm: Dental visit to the Lyon Dental School with a talk and meeting or at leisure in Lyon.

Eve: Farewell dinner at a local restaurant with the wines of Burgundy.

Day 9: Lyon (Fri, 16 June)

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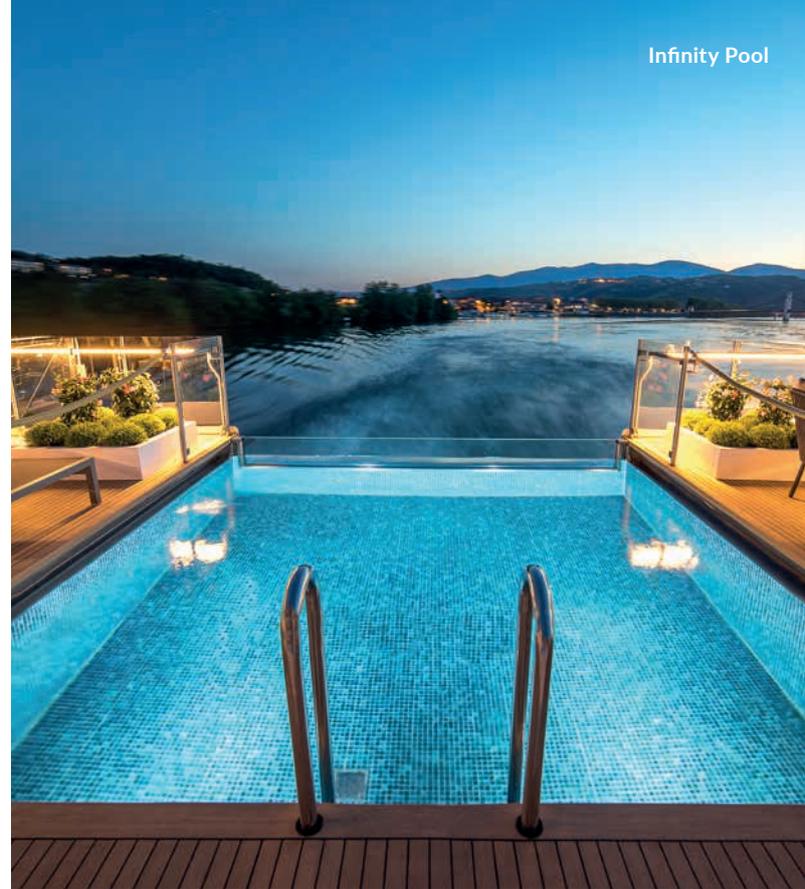
Am: Depart Lyon with the option to further explore France.



Suite Mozart Deck



Amadeus Provence cabin



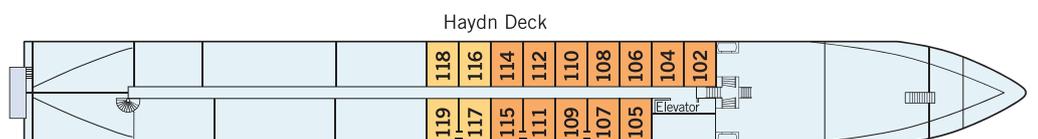
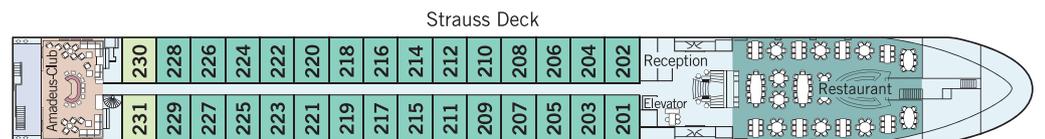
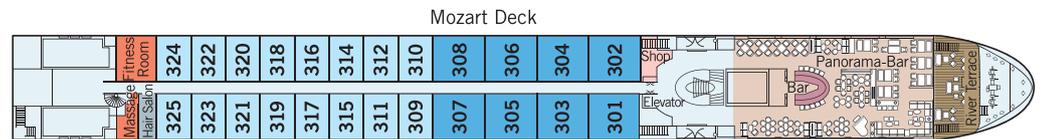
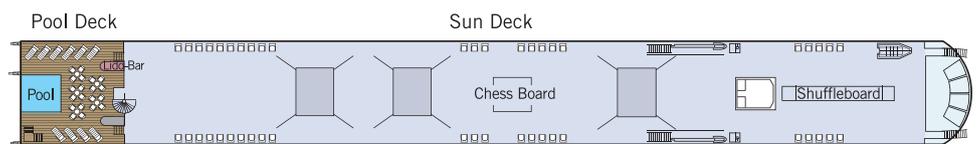
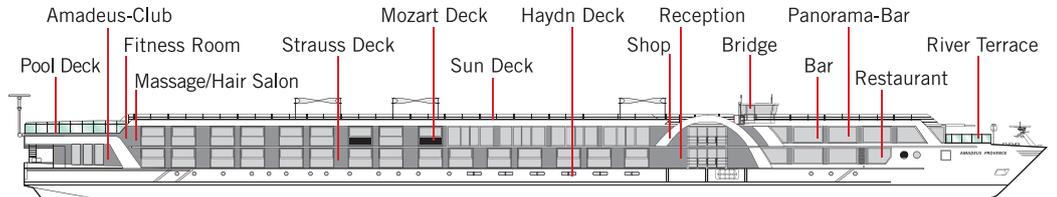
Infinity Pool

Amadeus Provence onboard facilities

Onboard facilities

- Panorama-Restaurant
- Panorama-Bar
- Amadeus-Club
- Outdoor glass-shielded 'River Terrace'
- Sun deck with lounge chairs, shade awnings, giant chess board and shuffleboard
- Pool deck with swimming pool and Lido-Bar
- Fitness room
- Hair salon
- Massage room
- Gift shop
- Laundry service
- Complimentary bicycles on board
- Wi-Fi available
- Elevator

Deck plan



Cabin costs

C4 Cabin

The C4 Cabin is located on the Hadyn Deck and is 172sq ft / 16m sq with smaller panoramic windows.

- **The cost pp sharing is USD \$4,193 PP**
- **The cost with a cabin to yourself is USD \$4,589**

C1 Cabin

The C1 Cabin is located on the Hadyn Deck and is 172sq ft / 16m sq with smaller panoramic windows.

- **The cost pp sharing is USD \$4,651 PP**
- **The cost with a cabin to yourself is USD \$5,111**

B4 Cabin

The B4 Cabin is located on the Strauss Deck and is 188sq ft / 17.5m sq with drop down panoramic windows.

- **The cost pp sharing is USD \$5,166 PP**
- **The cost with a cabin to yourself is USD \$6,237**

B1 Cabin

The B1 Cabin is located on the Strauss Deck and is 188sq ft / 17.5m sq with drop down panoramic windows.

- **The cost pp sharing is USD \$5,393 PP**
- **The cost with a cabin to yourself is USD \$7,335**

A1 Cabin

The A1 cabin is located on the Mozart Deck and is 188sq ft / 17.5m sq with drop down panoramic windows.

- **The cost pp sharing is USD \$6,188 PP**
- **The cost with a cabin to yourself is on request**

Suites

The suites are located on the Mozart Deck and are 284sq ft / 26.4m sq with comfortable corner sofa, luxurious bathroom and walk-out exterior balcony.

- **The cost pp sharing is USD \$6,804 PP**
- **The cost with a suite to yourself is on request**

The cost includes:

- Comprehensive briefing notes and ship's details
- Tour leaders Phillip and Sheila Dowell
- 7 nights' accommodation on the Amadeus Provence
- 1 night's accommodation at a four-star hotel in Lyon
- Superb dining with all meals included on the Amadeus Provence (including breakfast, lunch, afternoon coffee and tea, dinner and midnight snack)
- Quality red and white wines from Europe's great wine regions are free flowing and complimentary with all dinners on board
- 24-hour coffee and tea station
- Cocktail reception, welcome dinner, Captain's Dinner, farewell dinner in Lyon
- Complimentary bicycles on board
- CPD lectures as per the itinerary
- Excursions to Macon and the Beaujolais with wine tasting, Beaune and Burgundy with wine tasting, culinary tour of Lyon, tour of Avignon, wildlife excursion in the Camargue, sightseeing tour of Lyon
- English speaking guides and transport on included excursions
- All port taxes

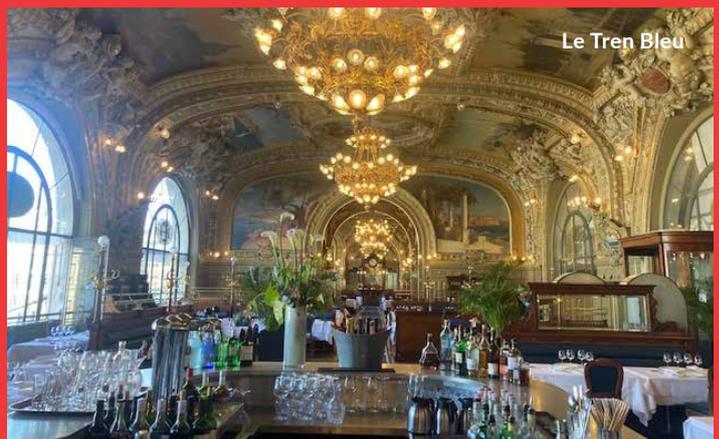
NB Please note all itineraries are subject to change according to local conditions. Due to the nature of the cruise places are limited.

The cost excludes:

- Shore excursions not mentioned and optional excursions
- Lunches on excursions
- All personal extras such as tips, drinks (excluding dinners) and laundry
- Travel insurance and visas (if required)

How to get to Lyon

1. Fly and we can organise a transfer at a cost of £68pp from the airport.
2. Take the train and we can organise a transfer at a cost of £50pp. If coming from London you may take Eurostar to Paris, change from Gare de Nord to Gare de Lyon and take the TGV to Lyon. While waiting at Gare de Lyon enjoy the world's most opulent railway restaurant, Le Tren Bleu.
3. Drive to Lyon and park at a cost of £128 per car for the 9 days.



About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

All the flights and flight-inclusive holidays in this brochure are financially protected by the ATOL scheme. When you pay you will be supplied with an ATOL Certificate. Please ask for it and check to ensure that everything you booked (flights, hotels and other services) is listed on it. Please see our booking conditions for further information or for more information about financial protection and the ATOL Certificate go to:
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Lyon Basilica (top); cheese at the market;
Moutarderie; the vineyards of Burgundy (above)



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