

History of Medicine in Athens and the Peloponnese

7 – 10 October 2020



The great theatre at Epidauros

There are parts of Greece that are timeless, where myths still seem to whisper across ancient stones. This journey from Athens to the Peloponnese takes you to evocative sites of mythology and celebrated healing centres of ancient times. This can be joined as a pre-cruise extension or taken on its own.

Arrive in Athens and transfer to the hotel in the heart of the old city. Enjoy a traditional Greek welcome dinner with the group in the evening.

The following morning take a guided tour of the magnificent Acropolis, which dominates the centre of the city. Visit the new Acropolis Museum, which brings the Acropolis to life through modern technology. After lunch leave Athens and cross the Corinth Canal. Visit the ruins of ancient Nemea, where Hercules overcame the Nemean Lion and where the Nemean Games were held. Continue to the pretty seaside town of Tolo.

Next day drive to Nafplio, one of the prettiest Greek towns, set on a lovely harbour, surrounded by the Arcadian Mountains and sheltered by a rocky headland and large natural fortress crowned by a Venetian castle. Enjoy a walking tour of its narrow streets before a wine tasting of local wines and lunch before returning to Tolo.

Take a scenic drive next morning through the Argos Plain to Mycenae, where you will enter by the Lion Gate. Explore the Royal Palace, the shaft graves and the remains of the city walls. Continue to the magnificent amphitheatre at Epidauros and visit the Asclepeion - the most celebrated healing centre of the classical world - as well as the theatre and museum. From here those joining the cruise will transfer to Piraeus port. For anyone not joining the cruise there will be a transfer back to Athens. A hotel is not included for this night, but we can assist with this, details of which are overleaf.



Athens

To book or find out more please contact Jon Baines Tours:

info@jonbainestours.co.uk or 0207 223 9485/5618 (London)

or info@jonbainestours.com.au or 03 9343 6367 (Melbourne)

www.jonbainestours.com



**Jon Baines
tours**

B = Breakfast **L** = Lunch **D** = Dinner

Itinerary 7 – 10 October 2020

7 Oct (Wed)	Athens	D
Pm	Arrive Athens and check into the boutique Hera Hotel	
Eve	Welcome dinner	
8 Oct (Thur)	Athens/ Tolo	B D
Am	Visit the Acropolis and the Museum	
Pm	Depart Athens and drive over the Corinth Canal to ancient Nemea, where Hercules overcame the Nemean Lion. Check into the John and George Hotel in Tolo	
9 Oct (Fri)	Tolo	B L
Am	Drive to elegant Nafplio and take a walking tour of narrow streets lined with elegant Venetian houses and neoclassical mansions. End with wine tasting and lunch	
Pm	Return to Tolo in the late afternoon	
10 Oct (Sat)	Tolo / Piraeus	B L
Am	Visit the ruins of Mycenae	
Pm	Drive to Epidaurus, renowned in antiquity for its healing treatments. Drive to Piraeus and embark on the MS Serenissima, or return to Athens city centre if not joining our <i>Conflicts, Cures and Curiosities in the Eastern Mediterranean Cruise</i> . No accommodation is included for this night but we can arrange additional hotel nights in Athens for you if required.	

The cost of the pre-cruise extension in Greece is USD \$938 and includes:

- Tour leader (Briony Hudson)
- 1-night accommodation in Athens
- 2 nights' accommodation in Tolo

The single room supplement is USD \$149

- English speaking local guides throughout
- A full programme of visits as per the itinerary
- Meals per the itinerary
- Admission fees, transport and tips

Extension cost excludes:

- International flights and airport transfers
- Meals and drinks not mentioned
- Optional activities or tours
- Accommodation in Athens on the night of the 10th October (if required)
- Travel insurance and Visa (if required)

Tour Leader

Briony Hudson is a freelance pharmacy historian, lecturer and museum curator and is published widely. She is a past Chair of London Museums of Health and Medicine and of the British Society for the History of Pharmacy. She is an Accredited Lecturer for The Arts Society, an Honorary Lecturer at the School of Pharmacy & Pharmaceutical Sciences, Cardiff University, a member of the International Academy for the History of Pharmacy, and President of the Faculty for the History and Philosophy of Medicine and Pharmacy at the Society of Apothecaries.

Ancient Mycenae

