



The Daimon Gate, the ancient entrance to Mount Koya

Japan: Historical and Contemporary

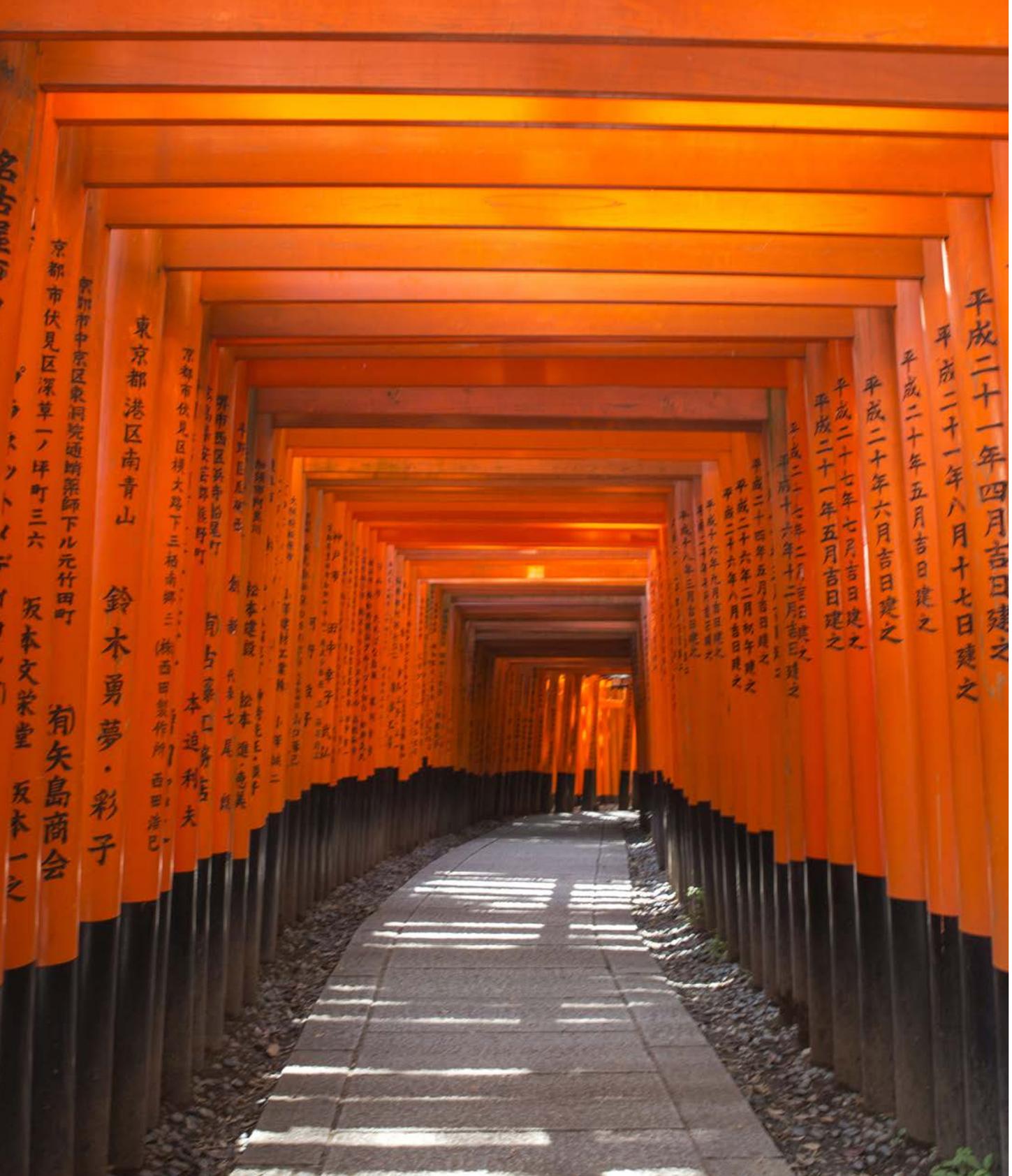
6 – 16 November 2022

With extension to Nagasaki

6 – 19 November 2022



Jon Baines
tours



Walk through the vermilion gates to the Fushimi Inari Shrine

Travel with Jason James, Director General of the Daiwa Anglo-Japanese Foundation, on a tour through Japan's long history. The itinerary follows Japanese history from the earliest historical records and continues via the shoguns, the arrival of the black ships, the Meiji Restoration and the opening of

Japan, to the modern day. The tour includes a range of specialist visits and experiences in Osaka, Kyoto, Nara, Hakone, the Izu Peninsula and Tokyo, which are illustrated by short talks throughout the tour. Optional activities include visiting an onsen and an extension to Nagasaki after the tour.

Tour Leader

Jason James is Director General of the Daiwa Anglo-Japanese Foundation. Having been fascinated by Japan on a choir tour at the age of 13, he chose to read Japanese Studies at King's College, Cambridge, where he was a double scholar (academic and choral), graduating with a "starred first" (only the third time this accolade had ever been awarded by Cambridge's Japanese Department) in 1987. Subsequently he worked in the financial industry, mostly specialising in Japanese equities, becoming Head of Research in the Tokyo office of HSBC Securities, and eventually Head of Global Equity Strategy at HSBC in London. From 2007-2011 Jason was Director of the British Council in Japan, during which time he also served as Chair of the European Union National Institutes of Culture Japan cluster, a Board Member of the Japan-British Society, and a Board Member of United World Colleges Japan. In London, in addition to his day job he was a Trustee of the Japan Society for six years, and a member of the Japan Season of Culture Action Committee. Jason is currently a member of the UK-Japan



21st Century Group and a Governor of King's College School, Cambridge.

Jason's interest in Japan is broad, covering the economy, financial markets and tax, as well as Japanese literature, art and history, and the relationship between the UK and Japan. Publications range from *'The Political Economy of Japanese Financial Markets'* (co-author, Macmillan 1999), to *'Edmund Blunden and Japan'* (Asiatic Society, 2010).



Dotombori in Osaka

Itinerary 6 – 16 November 2022

B = Breakfast **L** = Lunch **D** = Dinner

2 nights Osaka – 3 nights Kyoto – 2 nights Mishima – 3 nights Tokyo – Extension: 3 nights Nagasaki



Day 1: Osaka (Sun, 6 Nov) **D**

Am: Arrive Osaka and check into the Swissotel Nankai Osaka.

Eve: Welcome dinner at an izakaya with drinks.

Day 2: Osaka (Mon, 7 Nov) **B D**

Am: Travel to Mount Koya to visit Okunoin Temple, one of the most sacred places in Japan. Visit the cemetery containing important Japanese people through history and see some of the 100 temples on the mountain. Learn about the powerful 12th century samurai warrior Taira clan and hear a short talk by Jason James: **“Capitals, culture and conflict.”**

Eve: Okonomiyaki dinner in Dotombori.

Day 3: Osaka / Kyoto (Tue, 8 Nov) **B D**

Am: Take the train to Yoshino, visit Kinpusen-ji Temple and walk up to the site of the Imperial Villa of Go-Daigo and the other Southern Court Emperors.

Pm: Visit Nara, Japan’s 8th Century capital. Visit Todai-ji, one of the Seven Great Temples, which contains the world’s largest bronze Buddha. Visit the important Shinto shrine of Kasuga Taisha before continuing to Kyoto. Talk: **“Kyoto art, culture and the imperial city.”** Check into the Intergate Hotel.

Eve: Barbecue dinner at a traditional nagaya townhouse restaurant.

Day 4: Kyoto (Wed, 9 Nov) **B D**

Am: Visit beautiful sixteenth-century Nijo Castle with its moat, huge stone walls, stunning gardens and rich art collection. Visit the Zen Golden Temple, whose top two floors are completely covered in gold leaf, and explore the famous geisha district of Gion.

Pm: At leisure or optional introduction to Zen Buddhism and meditation in the Myoshin-ji Complex.

Eve: Shojin cuisine dinner at Hanazono Kaikan.

Day 5: Kyoto (Thur, 10 Nov) **B D**

Am: Visit Buddhist Byodo-in Temple in Uji, including the Phoenix Hall, one of the few original wooden structures surviving from the Heian Period (794-1185).

Pm: Travel to Fushimi Inari, famous for its thousands of vermilion torii gates, which straddle a network of trails. Take the Tofuku-ji Temple walk, visit Hojo rock garden and Tsutenkyo Bridge and gardens. If time allows there is the option of walking the Philosopher’s Path.

Eve: Dinner at Kizakura Kappa Country Restaurant with sake pairings and tastings.

Day 6: Kyoto / Mishima (Fri, 11 Nov) B D

- Am:** Transfer to Sekigahara and take a tour of the site of the Battle of Sekigahara of 1600.
- Pm:** Continue to Inuyama Castle for a talk on Oda Nobunaga and Japanese unification, then take the bullet train from Nagoya to Odawara. Transfer by local train to Fujisan Mishima Tokyu Hotel.
- Eve:** Option for onsen at hotel. Talk: *“Barbarians at the gate”*.

Day 7: Mishima / Hakone / Mishima (Sat, 12 Nov) B D

- Am:** Take a coach to the old Tokaido, the centuries-old route linking Tokyo with the former capital, Kyoto, and walk along its Cedar Avenue. Continue to Hakone and visit the Okada Museum of Art with its superb collection ranging from antiquity to the modern day.
- Pm:** Optional lunch at the famous Fujiya Hotel. Return to the hotel via the Nirayama Reverberatory Furnaces, a well-preserved iron smelting facility built in 1857 at the start of Japan’s industrial revolution.
- Eve:** Dinner at Baird Brewery Garden Shuzenji with craft beer tasting.

Day 8: Mishima / Shimoda / Kamakura / Tokyo (Sun, 13 Nov) B D

- Am:** Visit Shimoda, a pleasant coastal city significant for being one of the first ports opened to foreign vessels as a result of Commodore Perry forcing Japan to open up. Visit Ryosenji and the small museum to Commodore Perry. View the Mikomoto Lighthouse.
- Pm:** Drive to Kamakura and see the great bronze Buddha, which was cast in 1252. Learn about Minamoto Yoritomo, the first shogun to effectively rule Japan. Drive to Tokyo and check into Mitsui Garden Ginza Gochome. Talk: *“Edo – early Tokyo.”*
- Eve:** Fresh fish Izakaya dinner at Shin-Hinomoto Yurakucho.

Day 9: Tokyo (Mon, 14 Nov) B L

- Am:** Explore historical Tokyo by subway, including Zojo-ji Temple, Sangedatsu-mon Gate and the Tokugawa Mausoleum and Museum.
- Pm:** Local lunch. In Yokohama, learn of the Namamugi Incident and the 1863 Anglo-Satsuma War. See Yokohama Foreign Cemetery and British House. Talk: *“Making modern Japan”* before an evening at leisure.

Day 10: Tokyo (Tue, 15 Nov) B D

- Am:** Take part in an art and architecture tour visiting the fashionable Harajuku area and see the intricate woodblock prints at the Ota Ukiyoe Woodblock Print Museum. Continue to the Nezu Museum to see its collection of Japanese and Asian pre-modern art and exquisite garden.
- Eve:** Farewell Yakiniku barbecue dinner with views of Tokyo Bay.

Day 11: Tokyo (Wed, 16 Nov) B

- Am:** Depart for the airport or take the extension to Nagasaki.

** Itinerary subject to change according to local conditions. Transfers are not included in the tour price; there are a range of transfer options. Please contact us for further details.*



Canals in Shimoda, Izu Peninsula



Gunkanjima

Nagasaki extension

16– 19 November 2022

Examine the fascinating history of trade with the West, including the Portuguese Jesuits and the Dutch, the Glovers and 19th century British trading houses in Japan.

Day 11: Tokyo (Wed, 16 Nov)

B **L**

- Am:** Fly from Tokyo to Nagasaki and check into Nagasaki ANA Crowne Plaza.
- Pm:** Take a Gunkanjima cruise (subject to weather) and visit the Gunkanjima Digital Museum. Deserted for more than forty years, Gunkanjima was developed in the early 1900s by the Mitsubishi Corporation to mine coal and by 1941 was producing 400,000 tons of coal a year. By the mid-1950s, it housed almost six thousand people - the highest population density the world has ever known - before the coal ran out and the island was abandoned. Champon lunch at Shikairou.

Day 12: Nagasaki (Thur, 17 Nov)

B **L**

- Am:** Full day tour to visit part of Hirado, a Japanese city located on several islands near Nagasaki. The Dutch Trading Post, among the first trading sites between Japan and the West, is now a museum. Matura Historical Museum displays artifacts in a former local clan mansion.
- Pm:** Lunch at Irori Restaurant Ebisu-tei. Visit the striking green-and-white St. Francis

Xavier Church and enjoy panoramic views from atop Hirado Castle.

Day 13: Nagasaki (Fri, 18 Nov)

B **L**

- Am:** Explore the trading history of Nagasaki and learn about Scottish-born trader Thomas Blake Glover, the Scot who helped shape modern Japan and who was the first foreigner ever decorated by the Japanese government. Visit Glover Garden, an open air museum that exhibits mansions of several of the city's former foreign residents, including the Glover residence, the oldest Western-style wooden building in Japan. Visit Dejima.
- Pm:** Lunch at a local restaurant. Visit the Atomic Bomb Museum.

Day 14: Nagasaki (Sat, 19 Nov)

B

- Am:** Depart Nagasaki.



Atomic Bomb Museum, Nagasaki



Kofuku-ji Temple, Nara (top); Giant Buddha, Kamakura;
Nijo Castle, Kyoto; Golden Pavilion, Kyoto (above)

The cost of the tour is US \$5,772 per person sharing

The cost includes:

- The services of a tour leader (Jason James)
- 10 nights' accommodation in twin-bedded rooms with private facilities in medium grade and first class hotels

Single supplement: US \$1,146

- Breakfast daily
- Dinners daily except 14 November, when there is lunch
- All admission fees
- Services of specialist English speaking national guide
- All transport services and taxes in Japan
- Luggage mailing service

The cost excludes:

- International flights and airport transfers
- Meals not mentioned
- Drinks with meals except welcome and farewell dinners
- All optional excursions, tours and visits
- Travel insurance
- Visa, if required

The cost of the Nagasaki extension is US \$1,392 per person sharing and includes:

- The services of a tour leader (Jason James)
- 3 nights' accommodation in twin-bedded rooms with private facilities in medium grade and first class hotels

Single supplement: US \$261

- Breakfast daily, three lunches
- All transport, admission fees and visits
- Services of English speaking local guide

There is a significant amount of walking involved in this itinerary. It is essential that all participants have a good level of physical fitness and no impediments to walking strongly, unassisted.

About Us

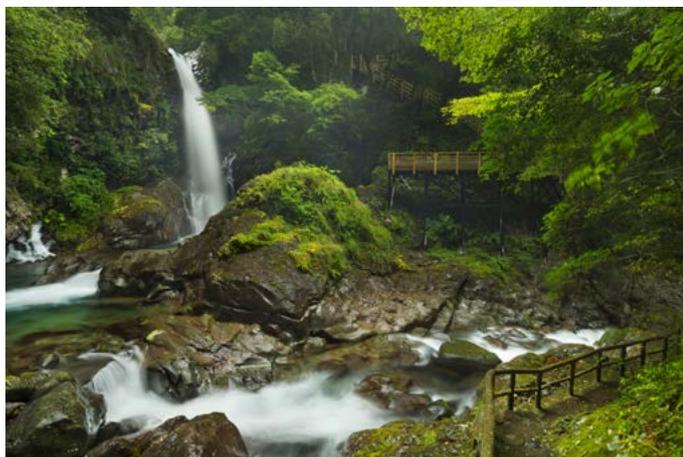
To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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Byodo-in Temple (top); Waterfalls in Izu Peninsula;
Mt Fuji; A *maiko* in Kyoto (above)



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