

Medical and Military History in Malta

20 – 23 October 2020



Valletta harbour

Malta's beauty is battle-scarred, thanks to its strategic position in the Mediterranean, which attracted the Phoenicians, the Carthaginians, the Romans, the Byzantines and the Ottomans, as well as the French and the British. It experienced two great sieges, the last one during WWII. Learn about Malta's long and fascinating medical and military history, which is tightly entwined with that of both Britain and the Knights Hospitallers, from its earliest days until its independence in 1964.

Start your tour in Valletta, the capital since 1571, with glorious views from the Upper Barrakka Gardens on the city walls. Continue to St. Elmo Fort, the Sacra Infermeria - a former hospital of the Knights - and drive past the Siege Bell before a relaxing harbour cruise.

Next morning take a tour of Fort Mosta, then onto Ta' Qali to see the Malta Aviation Museum. In the afternoon take a walking tour of Mdina, 'The Silent City', a stunning fortified medieval city where cars are prohibited. Pause to enjoy the panoramic views of the Island from Fontanella Tea Rooms before driving back to the hotel via Mtarfa, the site of a WWII hospital.

Return to Valletta the following day to explore the Grand Master's Palace gardens and visit the Palace Armoury.

Depart to Vittoriosa (Birgu), the first settlement of the Knights. After lunch visit the Malta Maritime Museum and Fort Rinella Battery. Return to the hotel and later enjoy a farewell dinner with the group.

This tour has been designed to follow on from our *Conflicts, Cures and Curiosities Cruise* but can be taken as an independent tour. If disembarking the cruise, you will be met by tour leader Pete Starling at Valletta Harbour. For those joining independently we suggest you arrive the night before as the tour will start by 9:30am.



Tower of Palazzo Santa Sofia in Mdina

To book or find out more please contact Jon Baines Tours:

info@jonbainestours.co.uk or 0207 223 9485/5618 (London)

or info@jonbainestours.com.au or 03 9343 6367 (Melbourne)

www.jonbainestours.com



Jon Baines
tours

B = Breakfast **L** = Lunch **D** = Dinner

Itinerary 20 – 23 October 2020

20 Oct (Tue)	Malta	D
Am	Disembark in Valletta and visit Upper Barrakka Gardens. Visit Fort St. Elmo and the National War Museum. Visit the Sacra Infermeria before watching the Malta Experience	
Pm	Drive past the Siege Bell and take a harbour cruise	
Eve	Check into the charming Victoria Hotel in Sliema	
21 Oct (Wed)	Malta	B L
Am	Tour of Fort Mosta and look out over the Victoria Lines. Continue to Ta' Qali to see the Malta Aviation Museum	
Pm	Walking tour of Mdina and visit Mdina Cathedral. Panoramic view of the island from Fontanella Tea Rooms. Return to hotel via Mtarfa to visit a WWII hospital site and Mtarfa Military Cemetery	
22 Oct (Thur)	Malta	B D
Am	Return to Valletta and visit the Grand Master's Palace gardens and armoury	
Pm	Depart for Birgu, visit the Malta Maritime Museum and Fort Rinella Battery and see the new exhibition	
Eve	Farewell dinner	
23 Oct (Fri)	Malta	B
Am	The tour ends after breakfast	

The cost of the post-cruise extension in Malta is USD \$1,073 and includes:

- Tour leader (Pete Starling)
- 3 nights' accommodation at the Victoria Hotel

The single room supplement is USD \$331

- English speaking local guides throughout
- A full programme of visits as per the itinerary
- Meals per the itinerary
- Admission fees, transport and tips

Extension cost excludes:

- International flights and airport transfers
- Meals not mentioned and drinks with meals
- Any optional excursions, tours or sightseeing
- Travel insurance and visa (if required)

Tour Leader

Pete Starling is a retired Royal Army Medical Corps (RAMC) officer and recently retired Director of the Army Medical Services Museum. He holds a MA in First World War studies and a Diploma in the History of Medicine and is a Fellow of the Royal Historical Society. Pete has lectured and written on all aspects of army medical history and has acted as a specialist guide on numerous battlefield tours including the Western Front, Arnhem, Malta, Gallipoli and Singapore and Malaya.

Upper Barrakka Gardens, Valetta

