



A beautiful river redgum on the Murray River

## Nurses Along the Murray Past and Present

19 – 26 April 2021

1 night Wodonga - 2 nights Rutherglen  
– 3 nights Echuca – 2 nights Swan Hill

Supported by the Australian College of Nursing

Eligible for CPD





One of the amazing silos on the Campaspe Art Trail

**Explore the fascinating world of rural women, nursing and paddle steamers in the beautiful Riverina area of Victoria. Follow the mighty Murray River as it courses past Wodonga, Rutherglen, Echuca and Swan Hill and learn about the area's rich history against a backdrop of huge redgum forests, lakes, rivers and rolling plains.**

The Murray River rises in the Snowy Mountains in the Australian Alps and runs down the border between Victoria and New South Wales to South Australia. One of the largest rivers in the world, it is the life-giving umbilical cord of the area. Paddle steamers transformed the area after settlement, making it a busy thoroughfare and bringing women and families to the lands

along the Murray. Nurses and midwives were much needed and their skills and experiences intertwined with Indigenous and settler women for many years.

Cruise on a paddle steamer, learn about Riverina's vivid history, march with the RSL on Anzac Day, see the historic Catalina Flying Boat and amazing art silos, and sample artisan food and wine. Tour leader Linda Shields is an internationally respected professor and nurse with expertise in nursing and social history. This tour has broad appeal and partners are very welcome.

**Please note: nursing professional visits are still being finalised and additional visits will be added once confirmed.**

## Tour Leader

**Professor Linda Shields** FACN is an Australian College of Nursing Board Director and an Honorary Professor in the School of Medicine at The University of Queensland, Australia.

Her research interests are in the care of children in health services, particularly in rural and remote areas. Professor Shields was the first nurse in Australia to be awarded a higher doctorate. She was awarded a Doctor of Medicine from the University of Queensland for her work on family-centred care in paediatrics. In 2015 she was inducted as a Fellow of the American Academy of Nursing in Washington in recognition of her research in how to improve care for children and their families.

Linda is passionate about the way we care for children and their families, and about what it is like for children to live with a chronic illness when they live in rural and remote areas, a long way from treatment centres that are usually in the big cities. Linda has also researched the role

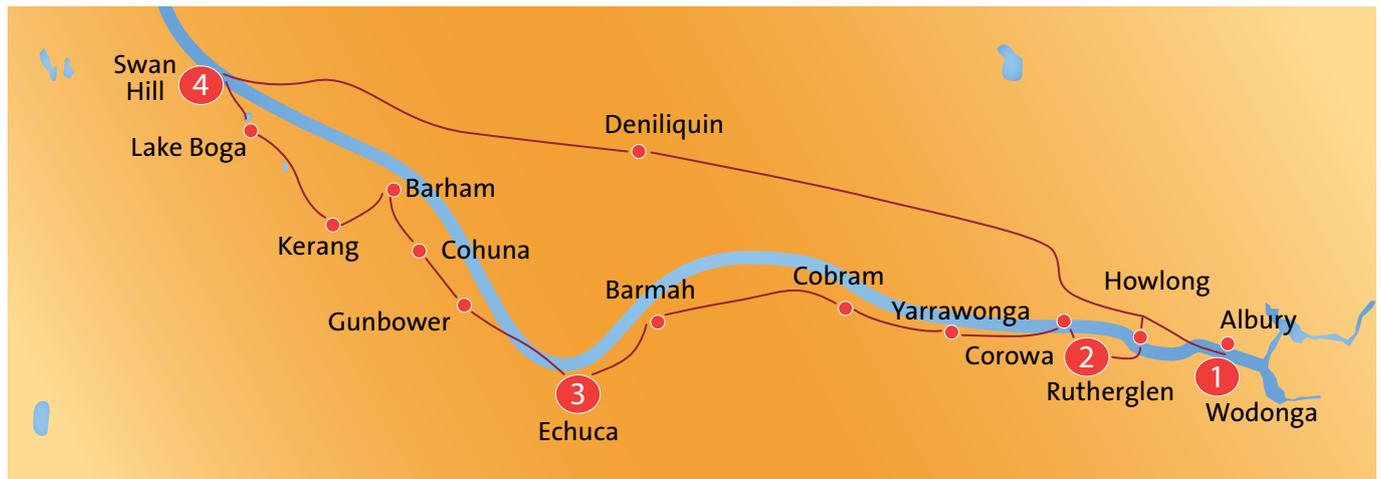


of nurses in Nazi Germany, which shows that despite nursing's rating as the "most trusted profession", in that era, nursing's ethics were turned around. Other history research includes investigations into the life of Australian Dame Maud McCarthy, who was Matron-in-Chief, British Expeditionary Forces, France and Flanders in World War One.



Morning on the Murray

1 night Wodonga – 2 nights Rutherglen – 3 nights Echuca – 2 nights Swan Hill



## Day 1: Albury Wodonga (Mon, 19 Apr) **D**

**Pm:** Meet at Quest Wodonga. Talk: *"A History of Nursing along the Murray"* – Linda Shields.

**Eve:** Welcome dinner.

## Day 2: Albury Wodonga / Rutherglen (Tues, 20 Apr) **B D**

**Am:** Visit Wodonga Hospital and learn of nursing on the border.

**Pm:** Visit the award winning Albury Wodonga Cancer Centre and learn how design and landscape assists healing (TBC). Continue via the Granny Mary Caton Bridge at Howlong to beautiful Rutherglen, one of the great centres of Australian wine making.

**Eve:** Wine tasting, dinner and overnight at Tuileries Winery in Rutherglen.

## Day 3: Rutherglen (Wed, 21 Apr) **B L**

**Am:** Drive to Chiltern to visit the Lake View Homestead, home of the writer Ethel Florence Richardson (known by her pen name Henry Handel Richardson, famous Australian writer and author of *The Getting of Wisdom*). Continue to the Dow Pharmacy which operated from 1859 to 1956 and is now a museum. Return to Rutherglen through the pretty and undulating country that once thundered under the hooves of Captain Moonlight, the Kelly Gang and Dan 'Mad Dog' Morgan.

**Pm:** Visit Wicked Virgin Vineyard and Olive Grove for lunch and olive and wine tastings. Learn of their wine making and olive harvests. Return to the hotel.

The beautiful Murray River



#### Day 4: Rutherglen / Echuca (Thur, 22 Apr) B D

**Am:** Drive to Corowa and learn about the O'Reilly sisters and see the old St Margaret (Private) Hospital on Betterment Parade. Visit Federation Museum in Corowa – the birthplace of Federation. Continue via Yarrowonga and see the Yarrowonga-Mulwala Pioneer Museum. Drive along the river to Barmah, traditional land of the Yorta Yorta people and one of the largest redgum forests in the world, which includes Indigenous canoe trees. There is a birthing tree a short distance from the road.

**Pm:** Arrive in Echuca. Visit Echuca Hospital and see how nursing has segued from past to present.

**Eve:** Dinner at a local restaurant.

#### Day 5: Echuca (Fri, 23 Apr) B D

**Am:** Walking tour of the old town of Echuca with a specialist guide from the historical society. Hear stories about rural women, nurses, Shinbone Alley, fire and flood, early private hospitals and Pearl Wallace, the first female riverboat captain.

**Pm:** Afternoon at leisure.

**Eve:** Dinner before an optional Port After Dark tour.

#### Day 6: Echuca (Sat, 24 Apr) B L

**Am:** Take part in a driving tour of Campaspe Art Trail past painted silos, murals and installations and end up at the Kyabram market.

**Pm:** Take a lunch cruise along the Murray on the Pride of the Murray paddle steamer. Rest of the day is at leisure.

#### Day 7: Echuca / Swan Hill (Sun, 25 Apr) B L

**Am:** Drive via the pretty towns of Gunbower and Cohuna to Barham. Option to march with the Barham Koondrook RSL following the Bendigo pipe band to Koondrook.\* Attend the Anzac ceremony at Koondrook RSL Club. Talk at the club: **“Nurses in conflict”** by Linda Shields

**Pm:** Lunch in Koondrook. Explore the attractive town of Koondrook and walk along the river to see the redgum carvings, including one of famed Nurse Rosen. Visit the cemetery where the gates were named after Nurse Rosen and see her tombstone. Continue to Swan Hill.

#### Day 8: Swan Hill (Mon, 26 Apr) B D

**Am:** Drive to visit the Flying Boat Museum on Lake Boga, home of the historic Catalina Flying Boat and site of the secret RAAF Repair Depot. Learn about nursing at the base during the war.

**Pm:** Return to Swan Hill and at leisure.

**Eve:** Farewell dinner and drinks on the river.

#### Day 9: Swan Hill / Albury Wodonga (Tues, 27 Apr) B

**Am:** Return to Albury Wodonga.

\* Those not wishing to take part in the march can follow by bus.



The Rutherglen wine region



The Pride of the Murray paddlesteamer

## Hotels

### **Quest Hotel (Wodonga)**

Quest Wodonga is in a convenient location – within easy walking distance of the town and yet quiet and peaceful. The sizeable rooms are comfortable and well-appointed, the staff are friendly and efficient and there is also a pool on the premises.

### **Tuileries Winery (Rutherglen)**

This is a lovely hotel in a beautiful setting among the vineyards, which are overlooked by an inviting deck. The comfortable rooms are large and stylish and the food is renowned for its excellence, as is of course the wine.

### **Quest Hotel (Echuca)**

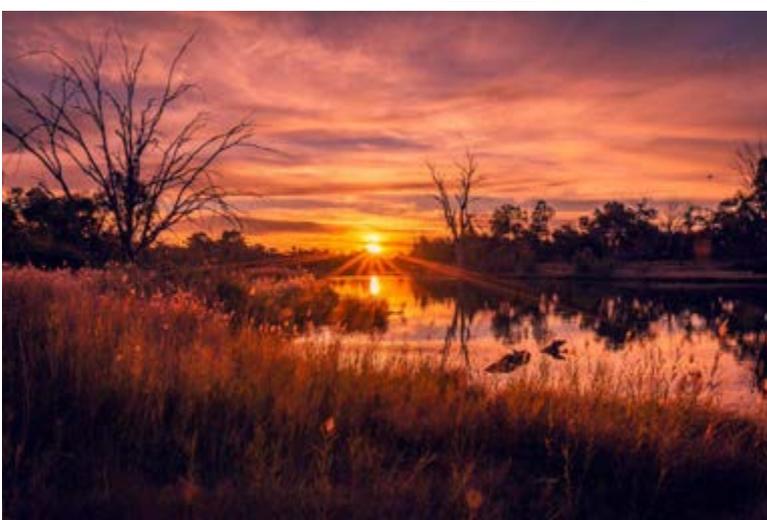
Quest Echuca has an excellent location within walking distance to the paddle steamers, old Port area, restaurants and bars. Its comfortable serviced apartments are large, modern and well appointed and it has a solar-heated pool.

### **Best Western Burke and Wills (Swan Hill)**

A simple, comfortable motel with a convenient location, good sized rooms, large, newly renovated bathrooms, a pool, and comfortable beds.

## Supported Project

This tour is proudly supported by the ACN Foundation, which provides access, through funding, to initiatives that enhance, develop and recognise contributions made by Australian nurses that will improve the health of the Australian community and secure nursing history. Via the ACN Foundation, every booking on the tour includes a donation to the Australian College of Nursing's First Nations Community of Interest (COI). Australian College of Nursing (ACN) members have the opportunity to connect with like-minded nurses around the country who share areas of interest or speciality through COIs, enabling members to enhance their knowledge and keep up to date with the latest news, research findings, and opportunities for the identification of best practice and major policy developments. The First Nations COI is a space for Indigenous and non-Indigenous nurses who work within the speciality of Indigenous health to collectively come together as proud ACN members to push forward Indigenous health agendas.



Visit the old Dow Pharmacy (top); Lake View Homestead; Tuileries winery; A Murray sunset (above)

## The cost of the tour is \$3,460 per person sharing

### The cost includes:

- The services of tour leader Professor Linda Shields
- 8 nights' accommodation in twin-bedded rooms with private facilities in medium grade hotels and a boutique winery

### Single supplement: \$695

- Breakfast and lunch or dinner daily (except the last day)
- All transport services
- Wine tastings on days 2 and 3
- All cultural visits and admission fees
- All CPD professional visits
- GST and donation to the ACN First Nations Community of Interest

### The cost excludes:

- Arrival and departure transfers
- Meals not mentioned and drinks with meals
- All optional excursions, tours and visits

Special thanks to nurse and midwife, Dr Mavis Gaff-Smith, who was the inspiration for this tour. Dr Gaff-Smith has written a number of wonderful books on midwifery and nursing along the Murray River and the Riverina.



The redgum carving of Nurse Rosen

## About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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Inside Lake View Homestead, Chiltern (top); The Catalina Flying Boat; The Rutherglen 'Big Wine Bottle'; Echuca (above)



Jon Baines  
tours

