



Elephant and baby in Kruger National Park

Nursing in South Africa

10 – 21 March 2021

With Victoria Falls Extension

7 – 21 March 2021

Supported by the Australian College of Nursing



Australian College of Nursing



**Jon Baines
tours**



Blyde River Canyon

This nursing study tour reveals the many faces of this beautiful and diverse land. Travel from Johannesburg into the safari country of Mpumalanga and the Kruger National Park, along the spectacular 'Panorama Route', ending in the cosmopolitan harbour city of Cape Town. Your journey includes wide ranging specialist visits to hospitals, clinics and a college to meet nurses and learn about health care, nursing and nursing education in South Africa. Gain real insight into nursing and the social issues surrounding your profession in South Africa. There is also the opportunity to take a pre-tour extension at beautiful Victoria Falls.

Arrive in Johannesburg and settle into your hotel. In the afternoon visit the Apartheid Museum – an essential visit in understanding South Africa's history - and relax over a welcome dinner in the evening.

Next morning visit a large public hospital - Jabulani Hospital – in Soweto, an area which is a sharp contrast to affluent Sandton in the north, where you are staying. After lunch at a shebeen, take a tour of points of interest in the township, including Freedom Square and Nelson Mandela's former home.

Next morning visit Netcare Private Hospital and meet with the nurses who work there, providing a striking contrast to the public hospital seen a day earlier. Afterwards drive into the spectacular safari country of Mpumalanga. Transfer to your hotel in Timbavati and settle in, with the rest of the day at leisure and dinner at the hotel in the evening.



A mother and her young children



A herd of Burchell's Zebras (top); Lion in Kruger (above)

Rise before sunrise the next day for a morning game drive in the Kruger National Park in open safari vehicles. It isn't unusual to spot all of the 'big five' in a single day along with a fascinating range of mammal, bird and reptile species. Have a bush lunch and return to the lodge in the early evening.

Rise early again the following morning for a bush walk before breakfast. Visit a Shangaan village and see its local clinic - where you will learn of rural health care provision - the trading store, primary school and homes. Meet with the villagers and a local healer to hear about traditional healing practices in South Africa and how they work within the modern health care system. Spend the afternoon at leisure before a traditional Boma dinner under the stars at the hotel in the evening.

Visit the Tshemba Foundation the next morning and see the voluntary medical work they do at

Tintswalo Hospital. Continue to Hazyview and check into Hippo Hollow Hotel.

The next day is dedicated to exploring some of the most spectacular scenery on offer in South Africa, as you take a tour along the aptly-named Panorama Route. The mountainous escarpment of Mpumalanga provides stunning views of the Lowveld and your tour includes sights such as God's Window, Bourke's Luck Potholes with its extraordinary rock formations, the Blyde River Canyon, the famous Three Rondavels and the historic gold rush town of Pilgrims Rest.

Spend the following day at leisure to enjoy the hotel and surrounds, or take optional game drives into Kruger National Park.

Next day fly to Cape Town, the glamorous face of South Africa. Dominated by Table Mountain, it boasts one of the most stunning natural settings in the world. Check into your hotel and spend the rest of the day at leisure.

Visit the University of Cape Town School of Nursing in the morning to hear about nursing education in South Africa today and to meet with tutors and students. Have lunch at Lelapa, Cape Town's most popular authentic township eating experience, where locals of all creeds and colours come together to enjoy Braai (barbeque). Visit Langa, Cape Town's oldest township, to see how a previously disadvantaged community has lifted itself out of squalor into a modern



Zulu girls against a Ndebele backdrop



community with initiatives such as *spaza* shops and *shebeens*. Visit one of the local clinics to meet with local health care professionals and return to the hotel for time at leisure.

Spend the next day enjoying the myriad attractions offered by Cape Town and Cape Peninsula. Start the day with a cable car ride up to Table Mountain for spectacular views. As you descend, take in the beaches of Clifton and Camps Bay, before crossing over to Hout Bay. Continue onto the Cape of Good Hope Nature

Reserve at the tip of Africa - where the Indian Ocean meets the Atlantic Ocean - for wonderful views across False Bay, and visit the penguin colony at Boulders Beach. In the evening enjoy a farewell dinner on the waterfront in Cape Town.

Spend the final morning at leisure until your return flight the following day.

Jon Baines Tours has been organising successful healthcare study tour for over 10 years and have taken many groups to South Africa over this time. It remains one of our most successful and popular destinations, with a particularly inspiring, warm and welcoming group of medical professionals on the ground.

“This was an excellent, well-organised tour, which surpassed my expectations. Combining professional & cultural tours with sightseeing gives you more insight into the country.”

Patricia Paine, Midwifery in South Africa, March 2018

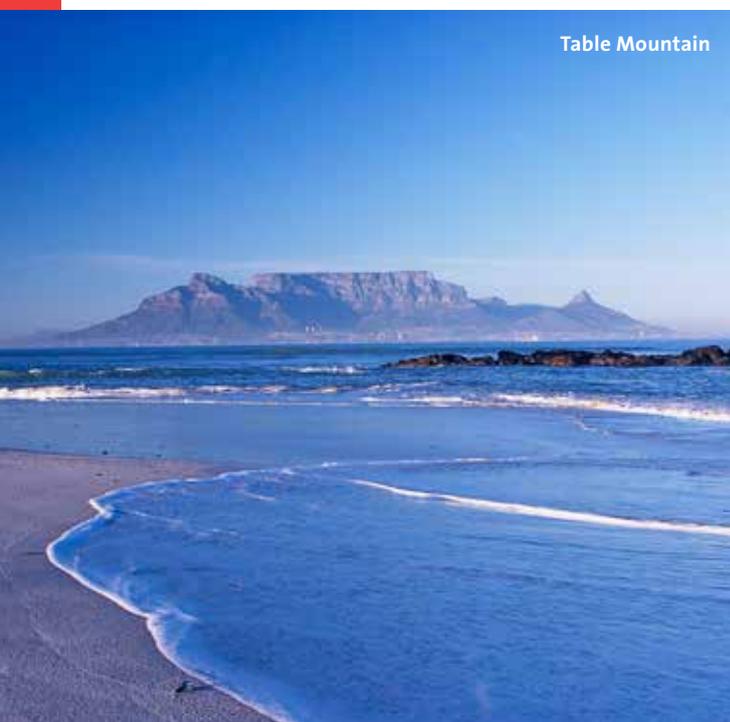


Table Mountain

2 nights Johannesburg – 3 nights Kruger National Park – 3 nights Hazyview – 3 nights Cape Town

Pre-tour extension to Victoria Falls: 7 – 10 March 2021

7 Mar (Sun) Victoria Falls
Am Mid-morning flight to Victoria Falls
Pm Arrive Victoria Falls early afternoon. Transfer to the hotel and spend the afternoon at leisure

8 Mar (Mon) Victoria Falls **B L**
Am Breakfast at the Lodge's open-sided Amulonga Restaurant before heading for guided tour of Victoria Falls
Pm Afternoon at leisure. Take an evening cruise on an open sided boat towards Palm Island and enjoy a beautiful Zambezi sunset

9 Mar (Tue) Victoria Falls / Johannesburg **B**
Am Transfer back to Victoria Falls airport to fly back to Johannesburg
Pm Arrive Johannesburg and transfer to the Garden Court Sandton City Hotel and overnight. Main tour starts the following day.

10 Mar (Wed) Johannesburg **D**
Am Arrive Johannesburg and transfer to the Garden Court Hotel
Pm Visit the Apartheid Museum and panoramic sightseeing tour of Johannesburg
Eve Welcome dinner at the hotel

11 Mar (Thur) Johannesburg **B L**
Am Visit Jabulani Hospital (a large public hospital) in Soweto and meet with nurses
Pm Lunch at a *shebeen*. Sightseeing tour of Soweto including the Baragwanath taxi rank area, Freedom Square and Nelson Mandela's former home

12 Mar (Fri) Johannesburg / Timbavati Safari Lodge **B D**
Am Visit Netcare Private hospital and meet the nurses who work there. Drive to Mpumalanga safari country
Pm Arrive at the lodge and at leisure

13 Mar (Sat) Timbavati Safari Lodge **B L D**
Am Set out before sunrise in open top safari vehicles with qualified game rangers to view the "big five" on a game drive
Pm Bush lunch. Continue with the game drive

14 Mar (Sun) Timbavati Safari Lodge **B L D**
Am Early morning bush walk. Return to the lodge for breakfast. Visit a Shangaan village and see its local clinic, trading store, primary school, homes and meet with locals and a traditional healer
Pm At leisure
Eve Boma dinner under the stars

15 Mar (Mon) Timbavati Safari Lodge / Hazyview **B D**
Am Visit the Tshemba Foundation and see its work at Tintswalo Hospital
Pm Continue to Hazyview and check into Hippo Hollow Hotel

16 Mar (Tue) Hazyview **B L**
Am Full day to explore the Panorama Route including God's Window, Bourke's Luck Potholes, the Blyde River Canyon, the Three Rondavels and the historic gold rush town of Pilgrims Rest

17 Mar (Wed) Hazyview **B D**
Am Day at leisure to relax at the hotel or take optional game drives into Kruger National Park

18 Mar (Thur) Hazyview / Cape Town **B D**
Am Drive to airport and fly to Cape Town
Pm Transfer to the hotel and at leisure

19 Mar (Fri) Cape Town **B L**
Am Visit the University of Cape Town School of Nursing
Pm Braai Lunch at Lelapa. Visit Langa, Cape Town's oldest township. Walk through the community seeing the *spaza* shops and *shebeens*, a local clinic, homes, school, school, community centre

20 Mar (Sat) Cape Town **B D**
Am A full day's tour of Cape Peninsula starting with a trip up Table Mountain for spectacular views. Drive past the beaches of Clifton and Campus Bay en route to Hout Bay. Continue to the Cape of Good Hope Nature Reserve
Eve Farewell dinner on waterfront

21 Mar (Sun) Cape Town **B**
Am At leisure
Pm Transfer to the airport



Victoria Falls (extension)

Victoria Falls (extension)

Spend two nights at a beautiful riverside hotel located just 5 miles from magnificent Victoria Falls – truly one of Nature’s masterpieces. Take a 2-hour tour with a qualified guide, who will give a brief history of the Falls and the surrounding flora, fauna, bird and wildlife. Take a relaxing

cruise towards Palm and Kandahar Islands to enjoy a beautiful Zambezi sunset. There will be the opportunity to see a variety of game, including hippo, crocodile, elephant, as well as many different bird species.

Hotels

Garden Court, Sandton (Johannesburg)

The hotel has an excellent location adjacent to the shops and restaurants in the Sandton City complex and next to Nelson Mandela Square.

Timbavati Safari Lodge (Kruger National Park)

In the heart of the Kruger National Park, Timbavati Lodge offers a selection of chalets and rondavels painted with vibrant Ndebele traditional art work, nestled among indigenous trees and all with private facilities and mosquito nets. There is also a lovely pool, lounge and bar where guests can relax.

Hippo Hollow (Hazyview)

Nestled amongst lush indigenous gardens overlooking the beautiful Sapi River, Hippo Hollow provides spacious rooms with river or garden views, two swimming pools set in the peaceful gardens, a bar and a restaurant.

Stay Easy Cape Town City Bowl Hotel (Cape Town)

Located in the heart of Cape Town, the hotel is a short walk from all the main attractions. The modern rooms are simple yet stylish and come with fridges, tea and coffee making facilities, as well as free wifi.

Tour Leader

Marilyn Gendek FACN is a Fellow of the Australian College of Nursing and is currently practising privately as a nursing consultant in continuing education and regulation. She grew up in New Zealand and undertook her nursing course at Auckland Public Hospital before travelling overseas and settling on undertaking postgraduate education at the Royal Marsden Hospital London. Over the 40 years of her nursing career, Marilyn has also specialised in nurse education from hospital-based programs to University, and nurse regulation in Australia with international links. She is embedded in nursing history and is the Chairperson of the Australian College of Nursing history group, a nursing philatelist, and family historian. Marilyn is co-editor and author of the book *Why the World Needs Nurses: An Anthology of Perspectives* and is a reviewer for the International Nursing Review. She has presented at and participated in international nursing conferences and initiatives.



Painted rondavels at Timbavati (top);
A room at Hippo Hollow (above)

The tour cost is USD \$3,785 per person sharing (excluding international flights and transfers)

The cost includes:

- 11 nights' accommodation in twin bedded rooms in medium grade hotels and game lodges

The single room supplement is: USD \$435

- A full program of professional nursing visits as per the itinerary
- A full program of cultural visits as per the itinerary
- Wildlife safaris as per the itinerary
- Meals as per the itinerary
- Internal flight and taxes
- Admission fees where applicable and tips
- Experienced national English-speaking guide

The cost excludes:

- International flights and airport transfers
- All personal extras such as portage, laundry, inoculation fees, drinks not included with meals and visa if required
- All optional excursions, tours and visits

**Victoria Falls Pre-Tour Extension
7 – 10 March 2021:
USD \$899 per person**

The cost includes:

- Two nights bed and breakfast accommodation at the A'Zambezi River Lodge
- One night bed and breakfast accommodation at the Garden Court Sandton City Hotel, Johannesburg

The single room supplement is: USD \$370

- Transfer from airport to hotel in Johannesburg
- Transfers to/from Victoria Falls extension
- Victoria Falls guided tour and Zambezi sunset cruise

The cost excludes:

- Visa fee (if required); USD \$30 Victoria Falls entrance fee (payable on arrival); USD \$10 river fee (prior to cruise); meals and transfers not included
- Flights from Johannesburg to Victoria Falls return

For help with booking flights please contact the office. If travelling to Victoria Falls it may be advisable to get the flights to and from Victoria Falls as part of the main flight ticket. Depending on the flights you choose, you may need an extra night in either Johannesburg or Victoria Falls; if so, we can organise additional accommodation for you at the tour hotels.

About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.



White rhinos (top); Cape Town harbour; Face painted children; Take the cable car in Cape Town (photo by Virginia Oxford) (above)

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