



Kakadu from the air (credit Tourism NT/Salty Wings)

Occupational Therapy and Physiotherapy Study Tour in the Northern Territory

10 – 17 October 2021

3 nights Darwin – 1 night Katherine – 2 nights Kakadu – 1 night Darwin

“The tour content and organisation was meticulously arranged and run. Well done. A good selection of visits – learnt a lot about NT-OT practice and opportunities. Great to meet such a diverse bunch of OTs and practices – they were all very generous and welcoming.”

Liz Rand, Occupational Therapy Tour in the NT, May 2021





Nitmiluk Gorge, Katherine (credit Tourism NT Sam Earp)

Following the successful Occupational Therapy Study Tour in the Northern Territory tour in May, a combined occupational and physiotherapy tour is being organised in October. Explore the dramatically beautiful landscapes of the Northern Territory as you learn about the history and practice of physio and occupational therapy in the region. The tour is supported by Occupational Therapy Australia and is led by Marilyn Pattison, the immediate past president of the World Federation of Occupational Therapists and an experienced tour leader.

From Darwin, travel to beautiful Katherine and into stunning Kakadu before returning to Darwin at the end of the tour. Cruise down beautiful gorges and on the Adelaide River; mingle in Mindil Markets, explore spectacular waterfalls and swim in springs and learn about

local culture and history ranging from ancient times to the modern day.

“All the visits were super, the scenery second to none. Some of the most beautiful places I have ever seen.”

Kellie Holtham, Occupational Therapy in the Northern Territory, May 2021

FULL REFUND FOR COVID CANCELLATIONS

You can book on this tour secure in the knowledge that if you have to cancel due to Covid border closures, you will receive a 100% refund. This refund applies until the day of departure. This tour is eligible for CPD. Partners and other health care professionals are very welcome.

Tour Leader

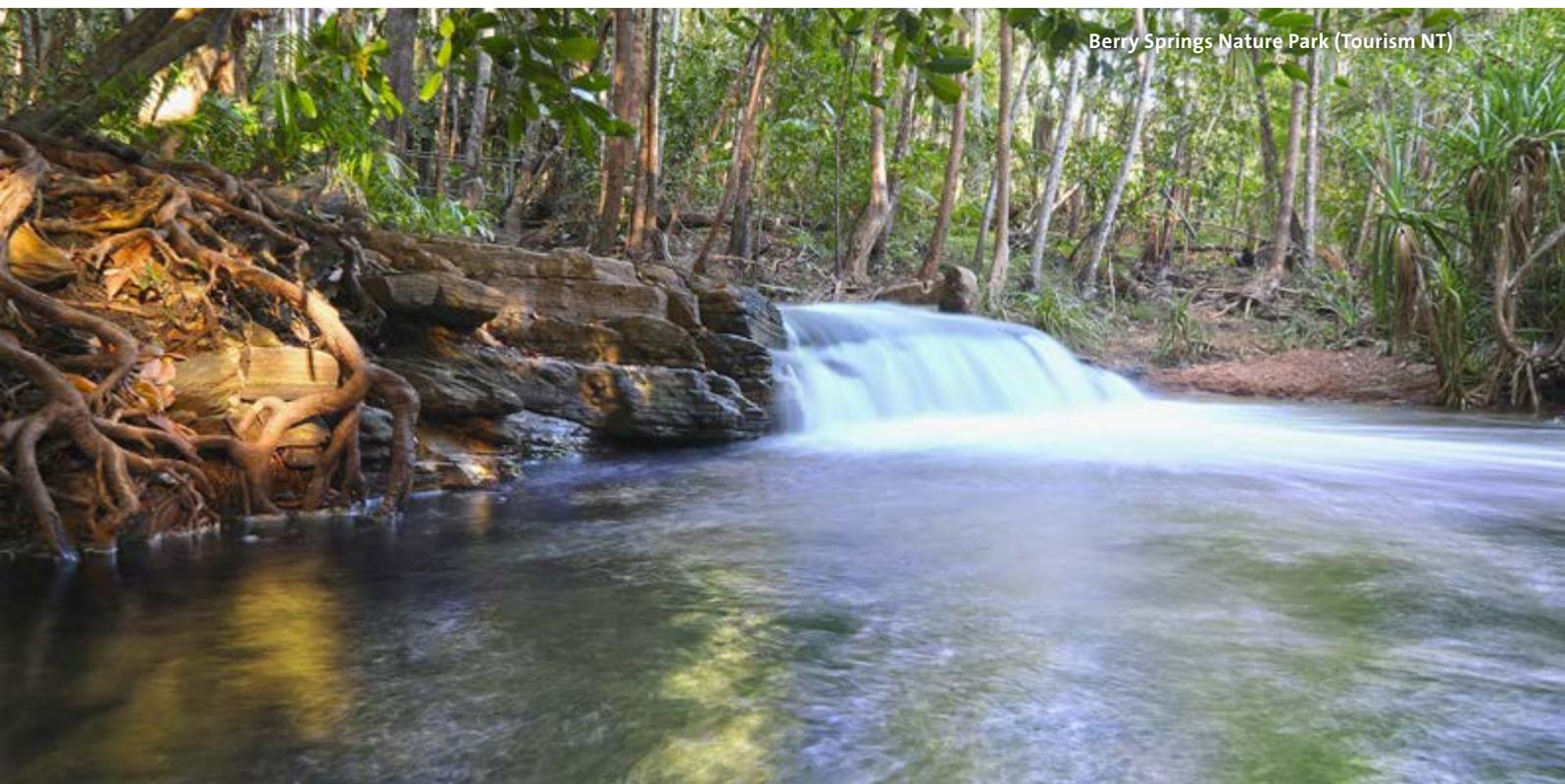
Marilyn Pattison is the founder and General Manager of MPOT/Access Fitness, a leading provider of adult community rehabilitation services in South Australia, the General Manager of Talking Matters, a leading provider of paediatric services in South Australia and the immediate past president of the World Federation of Occupational Therapists (WFOT). Marilyn has been involved in a wide variety of practice settings and has been involved with the state and national Australian Occupational Therapy associations and worldwide with WFOT, including liaising with the World Health Organisation. Marilyn is recognised as an international expert in Workplace Health, Rehabilitation and Entrepreneurship and is regularly invited as a guest speaker internationally. Marilyn has been recognised by the occupational therapy profession in Australia and internationally. She has been awarded the OT Australia National Award for her contribution to her professional association as well as the Sylvia Docker Lectureship for her contribution



to the profession. Internationally Marilyn has been made an Honorary Member of the Swedish Occupational Therapy Association and the Moroccan Association of Occupational Therapy and an Honorary Fellow of WFOT, the highest international honour an occupational therapist can receive. Marilyn was recently awarded the Lifetime Achievement Award by Occupational Therapy Australia

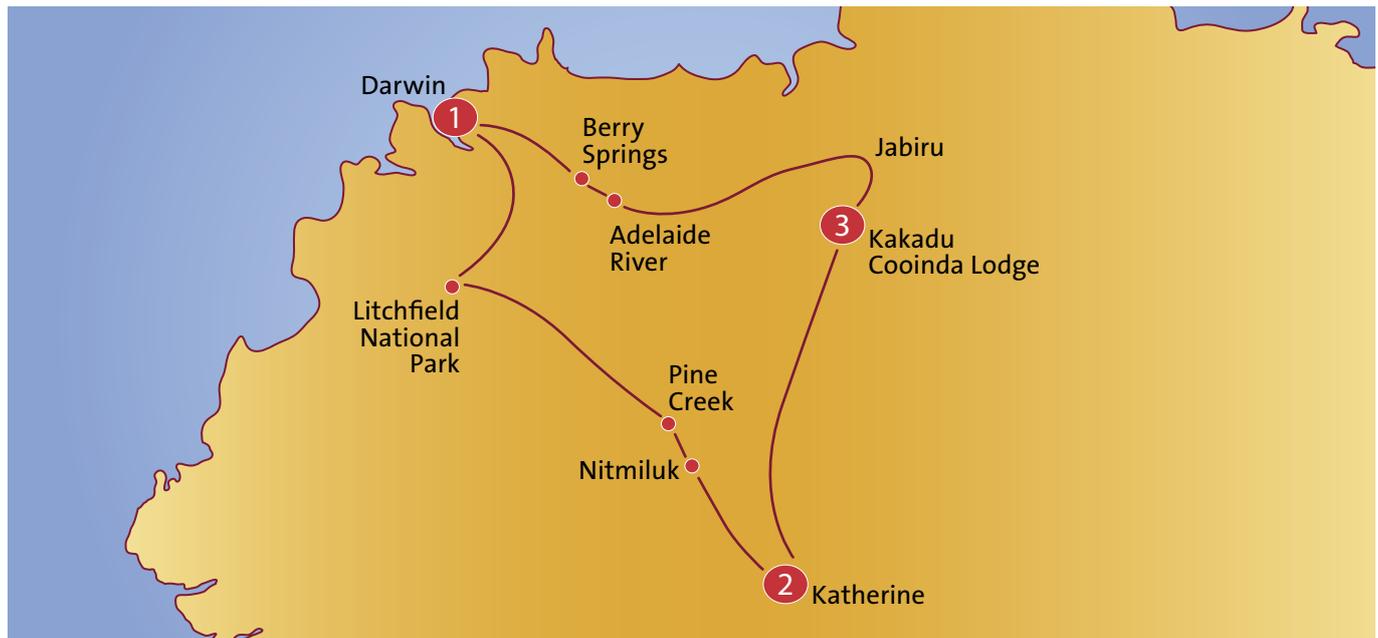
“Marilyn was a champion, a mine of information and insight... and great to connect with.”

Wendy Hood Occupational Therapy Tour in the NT, May 2021



Berry Springs Nature Park (Tourism NT)

3 nights Darwin – 1 night Katherine – 2 nights Kakadu – 1 night Darwin



Day 1: Darwin (Sun, 10 Oct) **D**

- Pm:** Arrive in Darwin and check into the H on Smith Street Hotel.
- Eve:** Dinner and drinks in the Mindil Markets in a private area.

Day 2: Darwin (Mon, 11 Oct) **B D**

- Am:** Take a walking tour with a specialist guide visiting Darwin Botanical Gardens. Visit the National Trauma Centre and hear occupational therapist Erica Bleakley talk about her work. **Partner programme to the Museum of Darwin.**
- Pm:** Visit to Charles Darwin University and learn of the history of physiotherapy and occupational therapy and rehabilitation in the Northern Territory and how the subjects are taught in Darwin. There may be an additional visit to a hospital rehabilitation unit.
- Eve:** Drinks with local physiotherapists and occupational therapists followed by dinner on the waterfront.

Day 3: Darwin (Tues 12 Oct) **B D**

- Am:** Explore the history of Darwin on a bus tour. Follow in the footsteps of the pioneers and learn about the city's history

through the World War II bombings and Cyclone Tracy, to the current day. See many of the remaining buildings such as the old Court House and Police Station and the Old Palmerston Town Hall ruins. See hidden treasures including public artwork, architecture, historic buildings and memorials.

- Pm:** Visit Territory Therapy Solutions and learn about occupational and physiotherapy practice in the Northern Territory from its owner, Julia Swenson. Meet with Felicity Pidgeon and hear about her experience working with remote communities in the Northern Territory, and also India. Continue to Parliament House, an elegant example of tropical architecture, and take part in a tour.

Day 4: Darwin / Katherine (Wed 13 Oct) **B D**

- Am:** Drive to Katherine via Litchfield National Park, past the magnetic termite mounds and see beautiful Wangi Falls (a traditional site for women's business). Visit Florence Falls with the option to have a dip in the crystal-clear waters surrounded by lush vegetation.
- Pm:** Lunch at the Butterfly Farm (client

account). Arrive in Katherine and check into the Ibis Styles Hotel. In the late afternoon visit the pristine wilderness of Katherine and explore it from the water with a dinner cruise along the dramatic Nitmiluk Gorge. Learn about ancient Indigenous rock paintings and gain insight into the culture of the traditional owners of Nitmiluk, the Jawoyn people.

Day 5: Katherine / Kakadu (Thur 14 Oct) B D

Am: Visit the Community Allied Health Team and meet with physiotherapist Elaine Jaeschke and learn of their community occupational and physiotherapy work. Drive to Kakadu.

Pm: Explore Edith Falls and the dramatic landscapes of Kakadu as you drive through the park. Arrive and check into Cooinda Lodge.

Eve: Dinner at the Lodge.

Day 6: Kakadu (Fri 15 Oct) B L

Am: Optional Yellow Water sunrise cruise before breakfast through the beautiful wetlands. Following breakfast visit the visit Warradjan Cultural Centre. Drive to Jabiru and visit the local museum and craft shop.

Pm: Return to Cooinda Lodge and at leisure in the afternoon.

Day 7: Kakadu / Darwin (Sat 16 Oct) B D

Am: Visit the World Heritage Ubirr Rock Sites. Drive to Adelaide River and board a cruise. Learn about the floodplain ecosystem, the history, wildlife and some 40,000 years of human interaction with this stunning environment. Witness the power of the Australian Estuarine (Saltwater) Crocodile as they jump out of the water to feed.

Pm: Return to Darwin.

Eve: Farewell dinner.

Day 8: Darwin (Sun 17 Oct) B

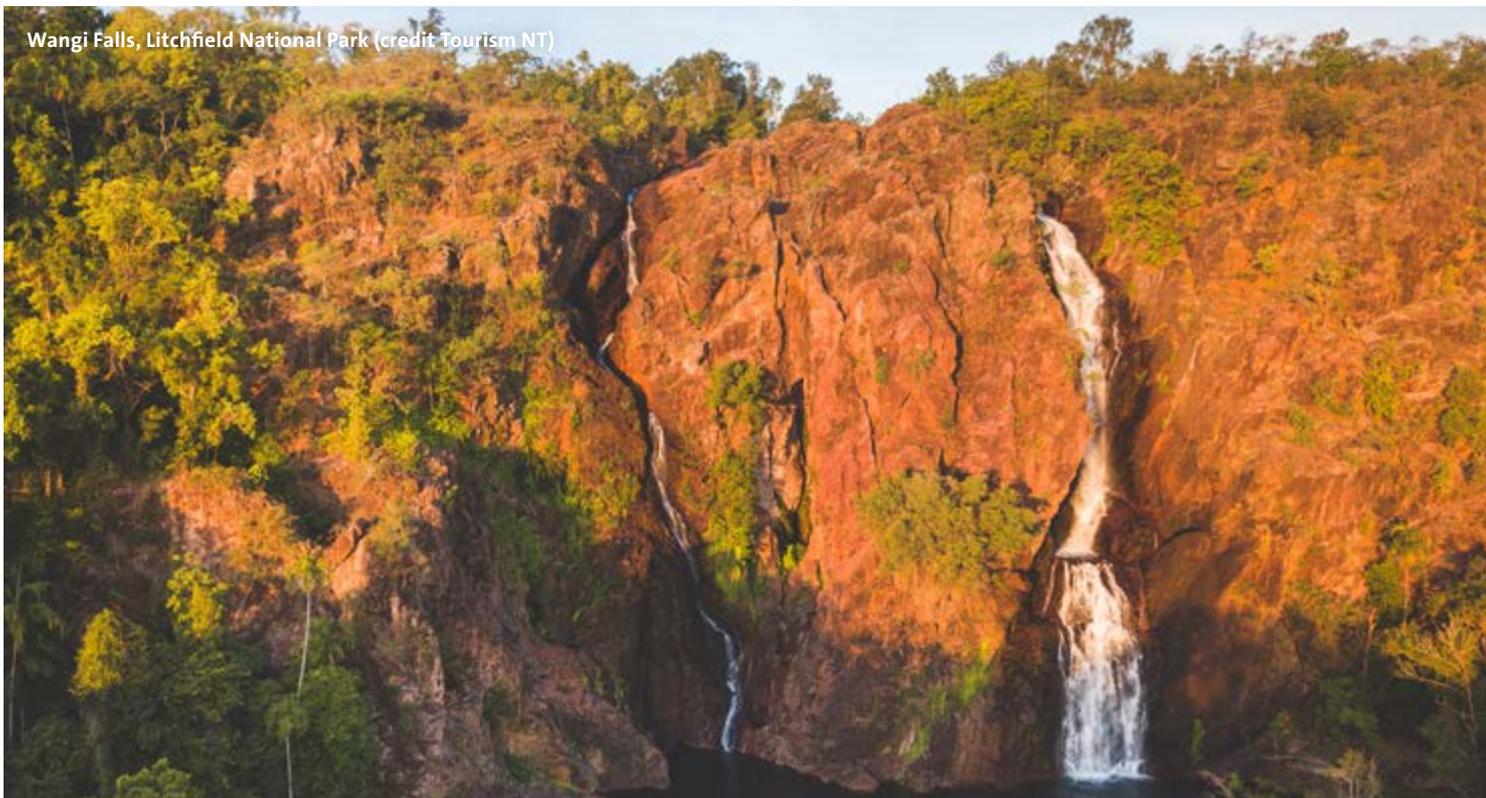
Am: Depart Darwin.

All itineraries are subject to change according to local conditions.

“Perfect visits... interesting, informative and engaging with inspiring professionals relating challenges and rewards in remote settings. Cannot speak highly enough of the program.”

Helen Moody, Occupational Therapy in the Northern Territory, May 2021

Wangi Falls, Litchfield National Park (credit Tourism NT)





Kakadu Cooinda Lodge pool

Hotels

H on Smith Street (Darwin)

The centrally located hotel is a short walk to many restaurants, bars and attractions and is hosted by a team of friendly and accommodating staff who enjoy sharing their knowledge with guests. The hotel includes spacious rooms, a resort style pool and a fully equipped rooftop gym.

Contour Hotel (Katherine)

The Contour Hotel is located near the town centre and offers spacious rooms, a restaurant, bar and pool. It provides efficient customer service.

The Kakadu Cooinda Lodge (Kakadu)

Owned by the local Indigenous community, Cooinda Lodge Kakadu is a village style property located beneath a canopy of trees beside Yellow Water Billabong, where crocodiles and birds are seen on the flood plain amongst paperbark, pandanus and freshwater mangroves. The stylish lodge rooms are perfect to relax after a long day, each featuring a bathroom, tea and coffee making facilities and a terrace with outdoor seating. Cooinda Lodge offers an inviting shaded swimming pool, bistro-style dining, bars and a store that offers locally made crafts. The tour cost is based on Superior Rooms and for twin share these include one queen bed and one roller bed. Family rooms are also available; these are larger with one queen bed and two single beds. The supplement is \$96 pp.



Darwin Botanic Gardens credit: Tourism NT Nick Pincott (top);
Stokes Hill Wharf, Darwin; Aboriginal artwork credit:
Tourism NT Felix Baker (above)



Florence Falls, Litchfield Park (credit Tourism NT Jackson Groves) (top); Take a dinner cruise on beautiful Nitmiluk Gorge (credit Tourism NT Mark Fitzpatrick) (above)

The ground cost of the tour is \$3345 per person sharing

The cost includes:

- The services of tour leader Marilyn Pattison
- Seven nights' accommodation in twin-bedded rooms with private facilities in medium grade hotels and a lodge in Kakadu

The single room supplement is \$660

- Breakfast and lunch or dinner daily on the tour (see brochure for details)
- A full programme of cultural tours
- All CPD occupational and physiotherapy professional visits and talks as per the itinerary
- All admission fees
- All transport services (excluding airport transfers – see below)
- All tips
- GST

The cost excludes:

- Meals not mentioned
- All optional excursions, tours and visits
- Arrival and departure transfers

“Good balance of OT related activities and NT activities.”

Carol McKinstry, President of OT Australia and participant Occupational Therapy Tour in the NT, May 2021

If you have to cancel due to Covid border closures, you will receive a 100% refund. This refund applies until the day of departure.



Enjoy a sunrise Yellow Water Cruise in Kakadu

About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.



Darwin's tropical gardens (credit: Tourism NT Shaana McNaught) (top); Mindil Markets, Darwin (credit Tourism NT); Traditional crafts Arnhem Land (credit Tourism NT James Fisher); Jumping crocodiles on the Adelaide River (credit Tourism NT) (above)

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