



Cruise the magnificent Gordon River

# Occupational Therapy in Tasmania

20 – 27 February 2022

*“An amazing holiday; enjoyed all aspects.”*

Gillian Bourne, JBT Tasmanian Tour, April 2021





Cataract Gorge (Tourism Tasmania and Robert Burnett)

**Learn about occupational therapy in Tasmania with previous WFOT president Marilyn Pattison, with plenty of opportunity to enjoy Tasmania's natural beauty, botanical wonders, beautiful towns, rich history and superb local food and wine.**

The tour starts in Launceston and travels to Strahan and Hobart over a week. Browse some of the best markets in Australia, wander in beautiful botanical gardens, take a stunning lunch cruise on the Gordon River, take a chair lift

across Cataract Gorge and visit world-famous MONA.

With a character all its own, Tasmania is the place to slow down and unwind, as well as treat your taste buds with fresh local apple cider, gin, whisky, cheese, berries and wine, and salt-fresh seafood straight from the ocean.

**This tour is fully organised so you can relax and enjoy the journey; partners are also very welcome.**

## Tour Leader

**Marilyn Pattison** is the founder and General Manager of MPOT/Access Fitness, a leading provider of adult community rehabilitation services in South Australia, the General Manager of Talking Matters, a leading provider of paediatric services in South Australia and the immediate past president of the World Federation of Occupational (WFOT).

Marilyn has been involved in a wide variety of practice settings and has been involved with the state and national Australian Occupational Therapy associations and worldwide with WFOT, including liaising with the World Health Organisation. Marilyn is recognised as an international expert in Workplace Health, Rehabilitation and Entrepreneurship and is regularly invited as a guest speaker internationally. She has been awarded the OT Australia National Award for her contribution to her professional association as well as the Sylvia Docker Lectureship for her contribution to the profession. Internationally, Marilyn has been made an Honorary Member of the Swedish



Occupational Therapy Association and the Moroccan Association of Occupational Therapy and an Honorary Fellow of WFOT, the highest international honour an occupational therapist can receive. She also led our highly successful occupational therapy tour to the Northern Territory in May 2021.

Salamanca Markets, Hobart



2 nights Launceston – 2 nights Strahan – 3 nights Hobart



## Day 1: Launceston (Sun, 20 Feb)

**D**

**Am:** Arrive Launceston and check into the Grand Chancellor Hotel.

**Eve:** Welcome dinner.

## Day 2: Launceston (Mon, 21 Feb)

**B D**

**Am:** Walk along lovely Cataract Gorge and take the chair lift across the Gorge. Visit St Giles Paediatric Centre and learn of their history and of their leading early childhood behaviour intervention programs, autism services and paediatric allied health services.

**Pm:** Visit the Lavender House, a perfumery which grows a small field of the true perfumery lavender and produces lavender skin care, home products and herbal balms on site. Learn about the therapeutic benefits of lavender on a tour.

**Eve:** Reception drinks and dinner with local occupational therapists.

## Day 3: Launceston / Strahan (Tues, 22 Feb)

**B L**

**Am:** Drive via a food tour as part of the Tarkine Cradle to Coast with tastings including produce from Christmas Hills Raspberry Farm and House of Anvers Chocolate.

Meet with Victoria Conway, Director of NorthWest Therapy Services. Learn about the provision of occupational therapy services on the remote west coast of Tasmania and about setting up Tasmania's very first occupational therapy training school.

**Pm:** Visit Windows on Westella, the home of Tasmania's famous pickled onions, and enjoy a platter lunch. Continue through the unique landscapes to Strahan on the wild west coast and check into Strahan Village.

**Eve:** Optional dinner at View 42.

## Day 4: Strahan (Wed, 23 Feb)

**B L**

**Am:** Cruise through Macquarie Harbour on the upper deck of Harbour Master II to Hell's Gates and continue to Sarah Island. Disembark and take a guided tour.

**Pm:** Following lunch on board continue up the Gordon River, with a stop to walk through the rainforest and another to visit a Huon Pine sawmill. Arrive back in Strahan mid-afternoon and at leisure.

**Eve:** Option to see the play *'The Ship that Never Was'* about the true story of convicts stealing a ship from Sarah Island. Optional dinner at Bushmans Thai.

## Day 5: Strahan / Hobart (Thur, 24 Feb)

**B D**

**Am:** Drive via Queenstown. Continue through the unique landscapes to Lake St Clair in Cradle Mountain National Park.

**Pm:** At Derwent Bridge, see the Wall of Wilderness carved in rare Huon Pine. Continue to Hobart and check into the Quest Apartments near the Hobart waterfront.

**Eve:** Dinner at a local restaurant.

## Day 6: Hobart (Fri, 25 Feb)

**B D**

**Am:** Meet with Marita O'Connell, an occupational therapist and assistant director for the Department of Justice. Learn about forensic mental health practice and witness intermediary practice

with a focus on communication needs in a legal environment.

**Pm:** Visit the Royal Tasmanian Botanical Gardens for a guided tour. Return to the hotel by on an orientation tour of the city past Battery Point, which contains some of the city's most exclusive houses.

**Eve:** Walk to dinner on the waterfront at the Drunken Admiral.

### Day 7: Hobart (Sat, 26 Feb)

**B D**

**Am:** Visit Salamanca Market and browse the market stalls of Australia's best market. In the late morning travel by boat to MONA.

**Pm:** The Museum of Old and New Art is Australia's largest private museum located on the banks of the Derwent. The museum has three levels of underground

galleries built by David Walsh to house his collection of ancient, modern and contemporary art. Alongside the collection are bars and restaurants, chillout areas, gardens and live music.

**Eve:** Dinner at Syra in Salamanca Place.

### Day 8: Hobart (Sun, 27 Feb)

**B**

**Am:** Depart Hobart after breakfast.

*“Marilyn was so professional with great leadership. Loved seeing the various OT groups and listening to their stories. Well organised and professional.”*

**Vivienne Williams, Occupational Therapy in the Northern Territory, May 2021**

The extraordinary MONA





The view from a Hilltop Harbour View Room in Strahan Village

## Hotels

### **Hotel Grand Chancellor (Launceston)**

Hotel Grand Chancellor Launceston offers quality accommodation within easy walking distance of the CBD. The rooms are spacious and comfortable, and the location is very peaceful.

### **Strahan Village (Strahan)**

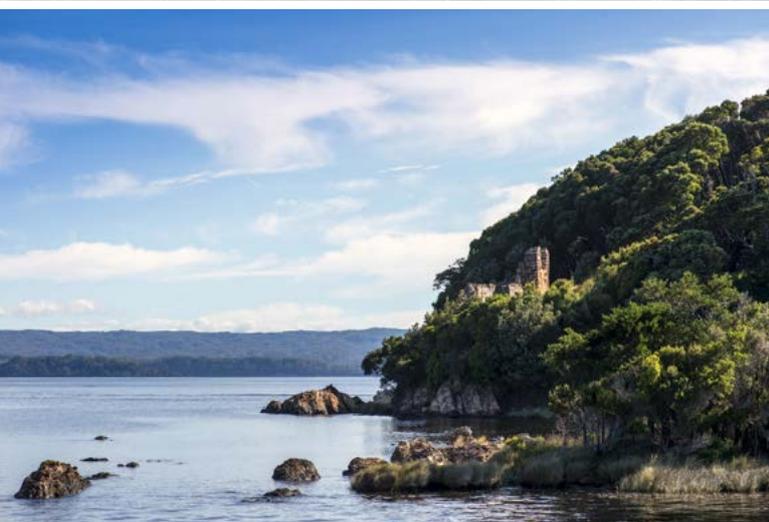
The comfortable, well-appointed hotel is located in the heart of Strahan between the forest and Macquarie Harbour. The Gordon River cruise, theatre and restaurants are all a short walk and the bay is a lovely place for a stroll.

### **Quest Waterfront Hotel (Hobart)**

This comfortable hotel has a superb location in the heart of Hobart, tucked around the corner from the waterfront across from Constitution Dock and within easy walking distance of Salamanca.



Hotel Grand Chancellor, Launceston (top); Salamanca Place, 2 minutes walk from the Quest Waterfront Hotel (credit Tourism Tasmania & Garry Moore) (Above)



Cataract Gorge (Tourism Tasmania and Rob Burnett) (top);  
Visit Sarah Island... (Tourism Tasmania and Rob Burnett); ...Then  
watch 'The Ship That Never Was' (credit Stu Gibson) (Above)

**The cost of the tour is \$2,980  
per person sharing**

**The cost includes:**

- The services of tour leader, Marilyn Pattison
- 7 nights' accommodation in twin-bedded rooms with private facilities in medium grade hotels

**The single room supplement is: \$745**

- Breakfast and lunch or dinner daily
- All professional CPD visits and talks
- All transport services
- All specialist cultural talks and visits
- All admission fees

**The cost excludes:**

- Meals not mentioned and drinks with meals
- All optional excursions, tours and visits
- Arrival and departure transfers
- Airfares

**TO BOOK YOUR  
PLACE, [CLICK HERE](#)**



Sample Ashgrove Cheese (Tourism Tasmania and Rob Burnett)

# About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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Launceston (top); Visit Christmas Hills Raspberry Farm (credit Danielle Prowse); Mt Olympus, Lake St Clair (Tourism Tasmania, Joe Shemesh); Hobart at sunrise (credit Alistair Bett) (above)



Jon Baines  
tours

