



The magnificent Gothic Duomo in Milan

Travelling Surgical Society of Great Britain and Ireland tour to Milan

15 – 22 May 2020



Jon Baines
tours



Como Cathedral

The vibrant, forward looking city of Milan is a byword for design, culture and commerce. It has an ancient and fascinating history and has been an important industrial and cultural centre since Italian unification in 1861. As well as being a treasure trove of 20th-century art, art deco and nationalist architecture abound. Today the city leads the way with the largest post-war re-development in Italy, impressive, sustainable architecture and a futuristic skyline. It pushes boundaries with its cuisine and holds the highest number of Michelin stars in Italy. This tour will delve into the rich culture of the city, with many opportunities to enjoy the wonderful cuisine and wine of the region.

On arrival in Milan check into the UnaHotel Century Milan, near the Porta Nuova district in the old town. Settle in at your leisure before a welcome dinner in the hotel restaurant.

The Navigli canal area of Milan was once the motorway of the medieval city, carrying timber, marble, salt, oil and wine into town. The Naviglio

Grande is the main canal and is today a lovely area to wander and stop in a waterside café. Take a boat ride and finish with an aperitivo by the canal before an afternoon at leisure. Dinner will be in a local restaurant.

Next morning meet your guide and take the metro to visit Santa Maria delle Grazie Church, a UNESCO World Heritage site containing the famous painting of the Last Supper by Leonardo da Vinci. Walk to the Castello Sforzesco, originally



Navigli canal area



Poldi Pezzoli Museum

a Visconti fortress and later home to the mighty Sforzas, the rulers of Milan, who transformed it into a magnificent ducal palace. Today it is home to a number of museums, including the impressive Museum of Ancient Art, which you will visit. In the afternoon take a walking tour of the city and step inside its magnificent Duomo, an intricate Gothic behemoth that has soared above Milan's streets for centuries.

Surgeons will make their first professional visit the following morning while partners visit the Italian Art Renaissance collection in the Poldi Pezzoli Museum. One of the most significant house museums in Europe, the collection is housed in an elegant nineteenth century palazzo. An art historian will guide you through the impressive Renaissance Italian paintings as well as exquisite porcelain, watches, jewels, glassware, tapestries and armour. Spend the afternoon at leisure.

While the surgeons make a professional visit the following day, the partners will take the high-speed train to Verona. This lovely city is rich in Renaissance lanes and piazzas, as well as a magnificent 1st century amphitheatre. Explore the beautifully preserved Arena, see the house where Romeo and Juliet was set and wander through colourful Piazza delle Erbe, and the Arche Scaligere. Stop for lunch at a bacaro, a local tapas bar. Spend the afternoon at leisure before returning to Milan by high speed train.

Next morning take the local train to Como. Situated on the Italian-Swiss border and overlooking serene Lake Como, this town is renowned for its stunning natural scenery. The historic town itself is also drenched in charm as you will discover on a walking tour through sun-filled piazzas and winding lanes. Visit the amazing marble-clad Duomo, one of the most important buildings on the lake. Enjoy a wine pairing lunch at a local winery with beautiful views over the lake. Visit Villa Carlotta with its wonderful lakeside botanic gardens before returning to Milan by private bus.

On the final day the surgeons will take part in a professional meeting at the hotel. The partners will tour the Eataly, one of the largest markets in Milan, and have the chance to sample the best products from every Italian region. The final afternoon is free to enjoy Milan at your own pace before a farewell dinner at a rooftop restaurant with wonderful views over the city.

Depart Milan the following morning.



The 1st century amphitheatre in Verona (top);
Street life outside Como Cathedral (above)

Itinerary 15 – 22 May 2020

B = Breakfast **L** = Lunch **D** = Dinner

15 May (Fri) Milan **D**
Pm Check into the UnaHotel Century Milan
Eve Welcome dinner at the hotel restaurant

16 May (Sat) Milan **B D**
Am Explore the neighbourhood of Naviglio and its renowned canals. Take a boat ride down the canals. Finish by enjoying some Aperitivo
Pm Afternoon at leisure
Eve Walk to dinner at a local restaurant

17 May (Sun) Milan **B**
Am Explore the historic city of Milan, starting with the Santa Maria della Grazia Church where you will see da Vinci's famous "Last Supper" fresco. From here walk to Castello Sforzesco and visit the Museum of Ancient Art
Pm After lunch take a walking tour of the city and visit the gothic Duomo Cathedral

18 May (Mon) Milan **B**
Am Surgeons: transfer to professional visit. Partners: visit the Italian Art Renaissance collection in the Poldi Pezzoli Museum with an art historian guide
Pm At leisure

19 May (Tue) Milan / Verona / Milan **B L**
Am Surgeons: transfer to professional visit. Partners: travel to Verona by train to meet local guide. Walking orientation tour of Verona's artistic and architectural highlights. Visit the Arena, the best-preserved Roman Amphitheatre in Italy, see the house of Romeo and Juliet, the colourful Piazza delle Erbe and Arche Scalifere
Pm Typical Italian tapas lunch in a bacaro and at leisure. Return to Milan by train

20 May (Wed) Milan / Como / Milan **B L**
Am Depart Milan for Lake Como by train. Walking tour of the historic centre of Como
Pm Transfer by bus to a local winery with views over the lake. Enjoy a wine pairing lunch before visiting Villa Carlotta and its gardens. Return to Milan by private bus

21 May (Thur) Milan **B D**
Am Surgeons: meeting at the hotel. Partners: tour the Eataly market and have a guided tour, sampling typical Italian products
Pm Afternoon at leisure
Eve Farewell dinner at a rooftop restaurant with views over the city

22 May (Fri) Milan **B**
Am Depart after breakfast

Visit Villa Carlotti and its gardens on Lake Como





See Leonardo's famous 'The Last Supper' fresco (top);
The outside of the UnaHotel Century Milan;
A room in the UnaHotel (above)

Hotel

The UnaHotel Century Milan is a comfortable, contemporary style hotel in an excellent location near the centre of Milan. The rooms are spacious and light and there is a good breakfast selection. The hotel includes a bar, a restaurant and a winter garden. All rooms come with Wi-Fi access and the usual amenities including mini bar and safe.

The land only cost of the tour is £1,995 per person

The flight inclusive tour package costs £2,195 per person

This includes British Airways return flights from London Heathrow and transfers to and from the hotel. Please note that we are holding an allocation on the flight seats so to guarantee the flight inclusive price call early to book as the price may increase once our allocation is utilised.

The flight times will be:

15/05/20 - BA - Heathrow to Linate, 12:00 – 15:00

22/05/20 - BA - Linate to Heathrow, 11:05 – 12:10

The cost includes:

- 7 nights' accommodation at the UnaHotel Century Milan in twin/ double bedded rooms with private facilities

The single supplement is: £599

- Breakfast daily, 3 dinners with wine and soft drinks, 2 lunches with soft drinks
- English-speaking local guides
- Transport throughout the tour
- A programme of cultural sightseeing as per the itinerary including admission fees

The cost excludes:

- International flights and airport transfers
- Meals not mentioned and additional drinks with meals
- All optional excursions, tours and visits
- All personal extras such as tips, portorage, laundry, inoculation fees and drinks
- Travel insurance

Flights

There are also flights with low cost airlines from both London and regional airports that can be booked directly with the airline.

On arrival, you can take a taxi from the airport to hotel, or alternatively we can arrange private transfers. We will group people together if multiple people are arriving on the same flight and quote for a transfer once we know the final numbers.

About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.



'Vertical gardens' near your hotel in Milan (top); Santa Maria della Grazie, home of the famous "Last Supper"; High fashion in Milan; Wander through Piazza delle Erbe, Verona (above)

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