



Lindos town in Rhodes, Greece

# Nursing in Turkey and Greece

15 – 27 September 2024



Level 3  
MODERATE





The Blue Mosque in Istanbul

**History, nursing and culture intertwine on this journey through Turkey and the Greek island of Rhodes. It would be hard to find such a concentration of historically significant nursing and medical sites anywhere else, amidst some of the richest culture and history in the world.**

This specialist study tour will visit Florence Nightingale's museum in Istanbul, where modern nursing was established, and review her singular contribution to nursing. You will visit Gallipoli and examine how the military shaped the nursing profession, with these structures still evident in modern nursing today. You will also visit your nursing peers in both Turkey and Greece. Learn how Nightingale helped develop nursing in Turkey and gain firsthand insight into local approaches to nursing and healthcare.

Travel from Istanbul to the beaches of Gallipoli and onto Pergamum, Izmir, Seljuk and the Greek island of Rhodes. Your journey encompasses thousands of years of medical history, including Florence Nightingale, the Gallipoli beach hospitals and the Knights of St John.

Cuisine is an important part of travel and we have included a number of local restaurants and culinary experiences that highlight the delicious flavours of Turkey and Greece.

Gain unparalleled insight as you travel with Adjunct Professor Kylie Ward along the western coast of Turkey and to Rhodes, with a range of expert talks and specialist visits throughout the tour.

**This tour is supported by the Australian College of Nursing (ACN). CPD available.**

## Tour Leader

Tour leader, **Adjunct Professor Kylie Ward** RN, MMgt, FACN, FCHSM (HON), Wharton Fellow, FAICD is CEO of the Australian College of Nursing (ACN) and CEO of the Australian College of Nursing Foundation.

From humble beginnings, Kylie has gone on to become one of the most influential professional health leaders of the country and a formidable advocate for women, children, and equality.

Kylie has led a program of transformation at ACN, including raising awareness of the profession and building a legacy of nursing leadership, policy, advocacy and social impact, as well as creating hundreds of leadership and representation positions for nurses.

Kylie has been awarded honorary professorships with seven leading Australian universities as well as being awarded several Fellowships, including a Wharton Fellow from the USA. She holds numerous board and national committee positions. She is known as a voice of authority and has been requested to give evidence in many Senate and Parliamentary Inquiries and the Aged Care Royal Commission.



In 2023, Kylie was awarded a Commendation from the Chief of the Defence Force, for her exceptional devotion to military nurses and for being instrumental in raising the statue of Lieutenant Colonel Vivian Bullwinkel at the Australian War Memorial.

Kylie is a multi-award winner. In 2022, Kylie was named National Winner of Executive / Team Leader of the Year and Overall National Winner, Outstanding Leadership Awards. She was previously named Telstra ACT Business Woman of the Year for Purpose and Social Enterprise. A keen traveller, Kylie led the highly successful Nursing Study Tour to South Africa in 2022, and the Nursing Study Tour to Vietnam in 2023.

The Roman amphitheatre in Pergamum



3 nights Istanbul – 1 nights Gallipoli – 1 night Izmir - 3 nights Seljuk – 4 nights Rhodes



## Day 1: Istanbul (Sun, 15 Sept) D

**Pm:** Arrive Istanbul and transfer to your hotel.  
**Eve:** Local dinner.

## Day 2: Istanbul (Mon, 16 Sept) B D

**Am:** Istanbul's history is as richly layered as one of its baklava pastries. Visit the beautiful Blue Mosque and continue to Scutari Barracks, where Florence Nightingale tended thousands of Turkish and Allied soldiers during the Crimean War and laid the foundations of modern nursing care. Visit the museum dedicated to her in the northwest tower. Hear a talk on Nursing History in Turkey from Professor Yesim Isil Ulman.

**Pm:** Visit the Hagia Sophia, one of Byzantine Istanbul's most imposing sights. Explore the Grand Bazaar, a labyrinth of colourful stalls and shops selling everything from kilims to coffee pots.

**Eve:** Welcome dinner in a local restaurant.

## Day 3: Istanbul (Tues, 17 Sept) B D

**Am:** Visit the Acibadem Teaching Hospital to meet with nurses and learn about nursing in Turkey today.

**Pm:** Take a food tour sampling Istanbul's delicious cuisine. Late afternoon cruise on the Bosphorus.

## Day 4: Istanbul / Gallipoli (Wed, 18 Sept) B D

**Am:** Depart from Istanbul and drive to Gallipoli. Transfer to the hotel.

**Pm:** Visit the battlefields of Gallipoli, including Anzac Cove and the Australian cemetery.

## Day 5: Gallipoli / Izmir (Thurs, 19 Sept) B D

**Am:** Visit Gallipoli beach and walk to the site of Number 1 Casualty Clearing Station. Visit the UNESCO-listed World Heritage site of Troy, the site of the legendary Trojan horse.

**Pm** Drive to the spectacular ruins of Pergamum, which towers one thousand feet above the city with superb views in all directions. This great Greek city was once a centre of commerce, culture and medicine, famed for its grammatical and medical school. Visit the Acropolis and the Aesclepiion, the first complete health spa the world had known. Continue to Izmir.

## Day 6: Izmir / Seljuk (Fri, 20 Sept) B D

**Am:** Visit Ege University Faculty of Nursing in Izmir to learn about contemporary nursing education in Turkey.

**Eve:** Drive to Seljuk.

## Day 7: Seljuk (Sat, 21 Sept) B D

**Am:** Full day visit in Ephesus, a superbly preserved classical city whose history stretches back thousands of years. It possessed one of the Wonders of the Ancient World in its magnificent Temple to Artemis.

**Eve:** Dinner in a village restaurant.

### Day 8: Seljuk (Sun, 22 Sept)

B D

**Am:** Full day at leisure in Seljuk.  
**Pm:** Dinner in a local restaurant.

### Day 9: Seljuk / Rhodes (Mon, 23 Sept)

B L

**Am:** Drive to the lovely seaside resort of Marmaris.  
**Pm:** Take the ferry to Rhodes, which is one of the showpiece Greek islands, with an exquisitely preserved medieval city that was the legacy of the crusading Knights of St John, based here from 1309-1522.

### Day 10: Rhodes (Tues, 24 Sept)

B L

**Am:** Visit Genaro Hospital in Rhodes and meet with the local nurses.  
**Pm:** Enjoy lunch with fresh ingredients at a local taverna. Take a half day tour of Rhodes including the Street of the Knights, the Grand Master's Palace and the hospital of St John, now a museum.

### Day 11: Rhodes (Wed, 25 Sept)

B L

**Am:** Drive to the charming port town of Lindos the following day, stopping on the way at Butterfly Valley, a cool, green retreat for thousands of butterflies. Visit the Acropolis and old town.  
**Pm:** Enjoy a taverna lunch. At leisure in the town or on the beach before returning to Rhodes.

### Day 12: Rhodes (Thurs, 26 Sept)

B D

**Am:** Full day at leisure.  
**Eve:** Enjoy a farewell dinner in Rhodes.

### Day 13: Rhodes (Fri, 27 Sept)

B

**Am:** Depart Rhodes after breakfast.

**All itineraries are subject to change according to local conditions.**

The old library at Ephesus



# Tour Activity Level

THIS TOUR IS  
CLASSIFIED AS:

## Level 1 Relaxed



A gentle pace, involving minimal walking and exertion. Shorter travel distances and a full but relatively relaxed itinerary.

## Level 2 Gentle



Easy walking at a mostly leisurely pace. Slightly more daily activity and travel.

## Level 3 Moderate



Regular walking at destinations, extended standing and/or increased travel distances. Good fitness is required.

## Level 4 Active



Longer and fuller days. Significant levels of walking, covering longer distances, requiring very good fitness and mobility.

## Level 5 Challenging



May involve extended drives, hikes and multiple visits across busy days. Excellent fitness is required.

## Hotels

### Dosso Dossi Hotels Downtown (Istanbul)

Offering an indoor pool, a restaurant and bar and a spa and wellness centre in a stylish modern decor, as well as an excellent breakfast, Dosso Dossi Hotels Downtown is located within 3km of the historic Sultanahmet area.

### Artur Hotel (Canakkale/Gallipoli)

This small, good medium grade hotel has an excellent central location with very welcoming and helpful staff. The décor is tasteful, the rooms are quiet and comfortable and the breakfast is of a high standard.

### Best Western Plus Hotel Konak (Izmir)

A comfortable hotel in the centre of Izmir with modern amenities and thoughtful design, the Best Western Plus Hotel Konak has spacious rooms with some superb views, very good breakfast and an in-house fitness room.

### Vinifera Vineyard Hotel (Seljuk)

This exclusive boutique winery hotel is a peaceful oasis, situated amongst beautiful vineyards. The architect designed stone buildings contain classic rooms, each with a balcony or terrace overlooking the lush valley. The hotel provides excellent food and produces its own wine and olive oil; it has lavender gardens and 100-year-old olives trees, as well as its own vineyard. There is also a lovely pool.

### Rhodes, Acandia Hotel

The charming Acandia Hotel enjoys a superb location close to Rhodes old town and the beach, making it easy to explore on foot. The rooms are spacious and very comfortable and the lobby is stylish and welcoming. The hotel also has a restaurant and a pool and prides itself on excellent service.



Marmaris Harbour with Castle



The Grand Bazaar, Istanbul (top); Anzac Cover, Gallipoli;  
A typically delicious Turkish spread (above)

**The cost of the tour is US \$3,895 per person sharing**

**The cost with a room to yourself is US \$4,670**

**Costs exclude international flights and transfers. Please contact us if you would like help organising your flights.**

**The cost includes:**

- The services of an experienced tour leader (Adjunct Professor Kylie Ward)
- 12 nights' accommodation in twin-bedded rooms with private facilities in medium grade and first-class hotels
- Breakfast daily; lunch or dinner daily, as per the itinerary
- All cultural tours admission fees
- Tips to the guides and drivers
- Services of an English-speaking national guide in Turkey and Greece (one per country)
- All transport services and taxes in Turkey and Greece

**The cost excludes:**

- International flights and transfers
- Meals not mentioned and drinks with meals
- All optional excursions, tours and visits
- Travel insurance and visa
- Porterage

**NB: All itineraries in Turkey and Greece are subject to change according to local conditions. Places on this tour are strictly limited.**



The Nightingale Museum at Scutari

# About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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[www.atol.org.uk/ATOLCertificate](http://www.atol.org.uk/ATOLCertificate)

**Jon Baines Tours (London)**  
Hyde Park House, 5 Manfred Road,  
London, SW15 2RS  
Tel: +44 (0) 207 223 9485 / 5618  
Email: [info@jonbainestours.co.uk](mailto:info@jonbainestours.co.uk)  
[www.jonbainestours.co.uk](http://www.jonbainestours.co.uk)

**Jon Baines Tours (Melbourne)**  
PO Box 68, South Brunswick,  
Victoria 3055  
Tel: +61 (0) 3 9343 6367  
Fax: +61 (0) 3 9012 4228  
Email: [info@jonbainestours.com.au](mailto:info@jonbainestours.com.au)  
[www.jonbainestours.com](http://www.jonbainestours.com)



Castle of the Knights, Rhodes old town (top); Rhodes Harbor gates and lighthouse; A street in Rhodes old town; A classic Greek café (above)



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tours

