



The beautiful waterfront at Nyhavn

# West Kent Medico-Chirurgical Society Trip to Copenhagen

9 – 12 June 2022



Jon Baines  
tours



The Marble Church

Copenhagen is a city of constant visual pleasure, where an everyday walk provides a sense of quiet wonder. This compact, easy-to-navigate city is effortlessly stylish in an understated, clean edged way. It is also one of the world's most liveable cities with eco-design around every corner and welcoming and courteous citizens who are the epitome of Scandi cool.

With more Michelin starred restaurants than any other Scandinavian capital, Copenhagen also provides a wide range of exciting new eateries plating produce from local greenhouses, gardens and farms. Filled with art and culture, stunning modernist architecture, beautifully preserved historic quarters and fine dining, Copenhagen is a delight to explore over a weekend.



The Opera House



## Day 1: Copenhagen (Thur, 9 Jun) **D**

- Am:** Arrive and check in to the waterfront Copenhagen Strand Hotel.
- Pm:** Take an orientation walk to see Amalienborg Palace, Nyhavn, the Opera House, the Museum of Medical History and the Design Museum (from the outside). The buildings are the former surgeons' hall and hospital, the first in Denmark. Visit the Marble Church.
- Eve:** Welcome dinner at a local restaurant.

## Day 2: Copenhagen (Fri, 10 Jun) **B**

- Am:** Half day tour through the narrow streets of Copenhagen's historic heart. Experience Grey Friars Square, with a history that dates back to the 13th century, the upmarket shopping street of Stroegget, one of the longest pedestrian streets in Europe, the University of Copenhagen and the 17th century Renaissance palace, Rosenborg Castle; now home to the crown jewels. Visit Copenhagen's elegant Neo-Classical Cathedral, the Church of Our Lady. Finish the city walk at a former hospital dating from 1863, now part of the Faculty of Health Sciences, University of Copenhagen.
- Pm:** Meeting at the University of Copenhagen to learn about general practice in Denmark. Walk from Torvehallerne to Nyhavn and see some more of old Copenhagen, including the Round Tower, a 17th-century observatory. Take a one-hour canal cruise and walk back to the hotel.

## Day 3: Copenhagen (Sat, 11 Jun) **B D**

- Am:** Take a bus with stops to see the Little Mermaid, City Hall and the Tivoli Gardens. Continue to Amager Bakke/Copenhill, and explore this acclaimed waste to energy facility with an in-house guide; see its 85m tall sloped roof that doubles as a ski slope, hiking slope and the world's tallest climbing wall. Ascend to the top of Copenhill (either walking or via the lift) and enjoy the superb view. From Copenhill walk to Refsen, an old shipyard area that is now a street food market and also known for its artist workshops. Select your lunch from one of the many food stalls before returning to the hotel by bus past the famous restaurant Noma, the freetown Christiania and the Church of Our Savior with its serpentine spire.
- Pm:** Take a range of optional tours (not included in price), such as a visiting Tivoli Gardens, cycling around the city or taking a daytrip to Malmo going across the bridge.
- Eve:** Enjoy a farewell dinner at a local restaurant.

## Day 4: Copenhagen (Sun, 12 Jun) **B**

- Am:** Visit Christiansborg Palace on a guided tour and visit the Queen's Royal Reception Rooms, including the halls where the Queen signs laws, receives state visits, and holds banquets and receptions. See the colourful modern tapestries telling tales from over a thousand years of royal Danish history.
- Pm:** Depart for airport.



Tivoli Gardens



Executive twin room at Copenhagen Strand Hotel

## Hotel

**Copenhagen Strand Hotel** is a newly refurbished and charming 4-star hotel on the waterfront in a quiet, central area of Copenhagen. The hotel is set within a beautifully restored canalside warehouse close to bustling Nyhavn, Strøget and other major attractions of central Copenhagen. With light-filled, comfortable rooms and a delicious and healthy breakfast, the hotel provides a warm welcome and excellent customer service.

We are holding some executive rooms (pictured); these are larger, with a panoramic view of the harbour, a sitting area and Nespresso machine in the room. There are also Junior Suites available.

### The cost of the tour is £886 per person and includes:

- Three nights' accommodation in standard rooms at the Copenhagen Strand Hotel with private facilities. Upgrades to Executive and Junior Suites available

### The single room supplement is £180

- Breakfast daily and two dinners
- English-speaking local guides
- Transport throughout the tour
- A programme of cultural sightseeing as per the itinerary including admission fees

### The cost excludes:

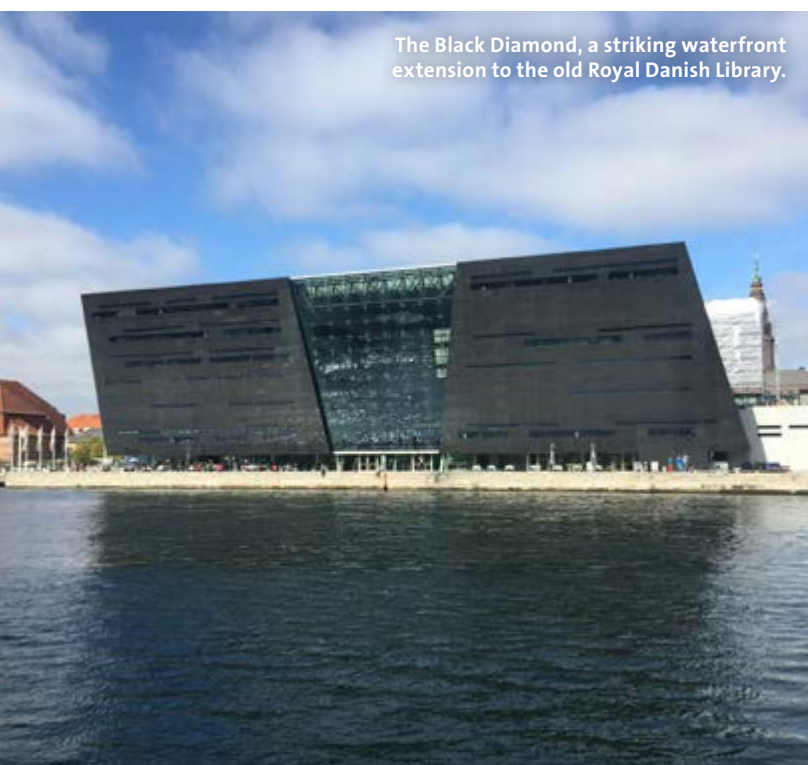
- International flights and airport transfers
- Meals not mentioned and additional drinks with meals
- All optional excursions, tours and visits
- All personal extras such as tips, portorage, laundry, inoculation fees and drinks
- Travel insurance

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The Black Diamond, a striking waterfront extension to the old Royal Danish Library.



The copper tower on Knippels Bridge

