



Edinburgh at sunset

West Kent Medico-Chirurgical Society Trip to Edinburgh

17 – 20 May 2018



Jon Baines
tours



Edinburgh and Holyrood Park

Scotland has been at the forefront of modern medicine since the 18th century and is still a leader in research and development. Join us on this fascinating tour of Edinburgh, looking at its long medical history alongside its stunning natural beauty and architecture. The tour introduces many top Scottish medical professionals who practised in Scotland and provides ample opportunity to enjoy this lovely city's vivid culture and heritage.

Arrive in Edinburgh and transfer to the Hotel Du Vin to settle in before your welcome dinner at the Royal College of Surgeons in the evening. The Royal College of Surgeons of Edinburgh was founded in 1505 and contains the Surgeon's Hall Museums, which were opened to the public in 1832, making them one of the oldest museums in Scotland.

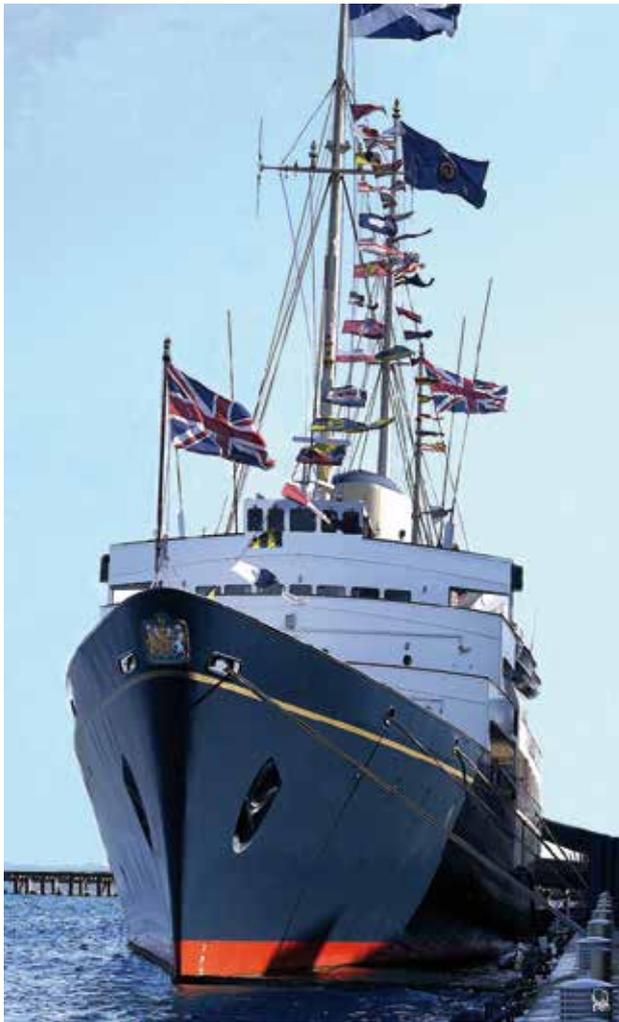
Next morning take a medical history walking tour of Edinburgh, led by specialist guide Sheila Devlin-Thorpe. Hear tales of the physicians and surgeons who lived in the city and led pioneering research, as well as darker stories such as Burke and Hare, who murdered people to sell their bodies for research to Dr Robert

Knox. After lunch visit the Scottish Parliament. Depending on group size, this day might be split into two groups with one doing the walk in the morning and the Parliament visit in the afternoon, and vice versa for the other group. The rest of the day is at leisure.

Early risers have the option to walk to Arthur's Seat to admire the magnificent views over Edinburgh early next morning. Hear a talk on the Scottish Enlightenment in the morning. After lunch take a city bus tour of Edinburgh, including a visit to the Museum of Scotland, followed by



Royal College of Surgeons of Edinburgh



The Royal Yacht Britannia

a geological overview of Edinburgh. Later in the afternoon continue to the imposing Edinburgh Castle, perched on a hilltop above the city, and explore this famous site. The evening is either at leisure or there is an optional whisky tasting and dinner at the Scotch Whisky Society.

Visit the Royal Yacht Britannia at Leith the following morning. The former yacht of Queen Elizabeth II, the opulent Royal Yacht Britannia was in service from 1954 until 1997. Afterwards take the train back to London or take the option to extend in Edinburgh for another night.

Itinerary 17 – 20 May 2018

17 May (Thur) London / Edinburgh D

Am If taking the train option (see overleaf) take the train from King's Cross

Pm Arrive and transfer to Hotel Du Vin

Eve Welcome dinner at The Royal College of Surgeons

18 May (Fri) Edinburgh B L

Am Take a medical history of Edinburgh walking tour with specialist guide, Sheila Devlin-Thorpe

Pm Lunch followed by a visit to the Scottish Parliament. Please note that if above a certain group size, we will have two groups, one taking part in the medical walking tour in the morning and the Parliament in the afternoon, switching over in the day

Eve At leisure

19 May (Sat) Edinburgh B L

Am Optional early morning walk to Arthur's Seat. Talk: *"The Scottish Enlightenment"*. Lunch followed by a city tour by bus including a visit to Museum of Scotland, followed by geological overview of Edinburgh

Pm Continue onto Edinburgh Castle and explore the famous site

Eve Optional Scotch Whisky Society tasting and dinner

20 May (Sun) Edinburgh B

Am Visit Royal Yacht Britannia at Leith

Pm Take the train back to London or extend for a night (see below)

Extension

20 May (Sun) Edinburgh B D

Am Visit Royal Yacht Britannia at Leith

Pm Check into Hotel du Vin and at leisure

Eve Farewell dinner

21 May (Mon) Edinburgh / London B

Am Take the train back to London

Edinburgh Extension

Spend the afternoon at leisure, followed by dinner. The following day take the train back to London.

Hotel Details

Hotel du Vin

Located just off the bustling Royal Mile, this stylish hotel is perfectly situated for exploring the city of Edinburgh. The building has a long history and has assumed many guises since 1743, ranging from a poor house, an asylum, a science lab and finally a lovely boutique hotel.



Hotel du Vin's welcoming bistro

The ground only cost of the tour is £717 per person (excluding trains and transfers)

The cost includes:

- Three nights' accommodation in twin-bedded or double rooms with private facilities on a sharing basis at the first-class Hotel Du Vin, located in the old town

The single supplement is £336

- Breakfasts at the Hotel Du Vin
- Welcome dinner in a private room at the Royal College of Surgeons with wine
- Two lunches
- Specialist tours, talks and sightseeing as per the itinerary
- All admission fees
- Transport throughout the tour

The cost of the extension is £154 and includes:

- One nights' accommodation in twin-bedded or double rooms with private facilities on a sharing basis at the first-class Hotel du Vin, located in the old town

The single supplement is £112

- Three-course dinner with wine

The cost excludes:

- Meals not mentioned
- All personal extras such as tips, portorage, laundry, and drinks
- All optional excursions, tours and visits
- Travel insurance
- Rail or airport transfers

Please note all itineraries are subject to change according to local conditions.

Train Options

We believe the times below work best for the itinerary and avoid the London rush hour. If you have a rail card we suggest you book your ticket to obtain the discounts. We can purchase and send tickets for a small fee. The first-class options can be good value as they include extended leg room, free wifi, waiter service and complimentary first-class catering. Please contact us to talk through the various options.

Suggested train times with Virgin from King's Cross (KC) to Edinburgh Waverly (EW):

Thur 17/05 - KC 11:00 – EW 15:17

Sun 20/05 - EW 14:30 – KC 18:48

If taking extension:

Mon 21/05 - EW 11:30 – KC 15:49

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