

Expert-led healthcare and cultural study tours in 2022

We organise fully escorted healthcare and cultural study tours and cruises. Most tours are led by a tour leader, an expert in their field, alongside local guides. The professional tours provide excellent insight into healthcare within a region.

Occupational Thereny Study			Tour leader: immediate past
Occupational Therapy Study Tour in Tasmania	20 – 27 Feb	Learn about occupational therapy in beautiful Tasmania.	president of the WFOT, Marilyn Pattison.
Heritage, Harbours and Hygge in Copenhagen	24 – 27 Feb	Spend a long weekend enjoying culture and hygge in the city that personifies Nordic style.	Tour leader: Natasha McEnroe, Keeper of Medicine at the Science Museum in London.
A Botanical Tour of Tasmania with the AAFBG	27 Feb – 5 Mar	One-week tour from Launceston to Hobart, visiting various gardens, a distillery, a winery and Bruny Island.	Tour Leader: Kate Heffernan, award- winning specialist in Australian native plants and horticultural author.
GP Wellness Retreat and Tour of New Zealand with the RACGP	17 – 25 Mar	Relax, recharge, and replenish in the stunning Coromandel Peninsula, Taupo and Hawke's Bay.	Tour Leader: TBC
The Festival of London - 'Secret London'	18 – 21 Mar	Learn London's secrets on this strictly classified tour. All will be revealed	Tour leader: Agent Janice Liverseidge, Blue Badge Guide and former Director at the RSM.
Chronic Disease Management & Palliative Care in Alice Springs & Uluru	28 Mar – 3 Apr	Experience Australia its most remote, historic and starkly beautiful in this specialist study tour to the Red Centre.	Tour Leader: Shyla Mills, CEO at Palliative Care Queensland.
Wildflowers, Wine and History in Crete with 'Mediterranean Gardens' extension	18 – 23 Apr	Explore an island brimming with native wildflowers; its natural beauty equalled only by the richness of its history and local cuisine.	Tour Leaders: Clive and Valerie Whittington, Head of the Mediterranean Garden Society on Crete.
Florence Nightingale Fellowship Tour to Florence	20 – 23 Apr	Mark the anniversary of Florence Nightingale's birth with a visit to the historic city that is both her namesake and her birthplace.	Tour leader: local Florentine guide.
Guernsey, Sark and Jersey: A Heritage Tour in the Channel Islands	21 – 29 Apr	Explore the unique history of Guernsey, Jersey and Sark with guided visits and meetings with local experts.	Tour Leader: Dr John Richardson, a retired GP, military & expedition doctor and medical historian.
Medicine and Society in Uzbekistan with the Royal Society of Medicine (RSM)	24 Apr – 7 May	Travel along the Silk Road in the land of Avicenna, with a number of fascinating medical visits.	Tour Leader: Janice Liverseidge, Blue Badge Guide and former Director of Membership at the RSM.



Engineering in the Malay Peninsula, Singapore and Borneo	26 Apr – 9 May	From metropolis to colonial cities and the vast jungles of Borneo, examine civil and mechanical engineering.	Tour leader: Michael Knight chartered engineer and Fellow of IMechE.
Occupational Therapy in the Northern Territory	1 – 8 May	Explore the dramatically beautiful Northern Territory and learn about occupational therapy practice.	Tour leader: Marilyn Pattison, immediate past President of the World Federation of Occupational Therapy.
Dental Study Tour in the Northern Territory	8 – 15 May	Learn about remote and indigenous dentistry and integrative dentistry in the spectacular Northern Territory.	Tour leader: Dr Christine May, experienced general dentist with a degree in Chinese Medicine.
Medicine and Health Care in Japan with the RSM	9 – 21 May	TOUR CURRENTLY FULL	Tour leader: Janice Liverseidge, Blue Badge Guide and former Director at the RSM.
Midwifery in the Northern Territory	15 – 22 May	Explore approaches to midwifery and childbirth with insider access in the stunning Northern Territory.	Tour leader: Theresa Clasquin, Senior Maternity Advisor for the Northern Territory Health based in Darwin, NT.
Obstetrics and Gynaecology in Bhutan and Singapore	16 – 26 May	Visit one of the last Buddhist mountain kingdoms and examine O&G in Bhutan and Singapore on this inspiring tour.	Tour leader: Richard Smith, consultant gynaecological surgeon and author on spirituality.
Veterinary Study Tour to Borneo and the Malay Peninsula	24 May – 5 Jun	Travel through Sabah and Sarawak in Borneo to Kuala Lumpur and up the Malay Peninsula with veterinary and wildlife visits throughout.	Tour leader: Campbell Costello, a very well-travelled mixed-animal practitioner.
The Rise and Fall of Empires: A History of Western Turkey	28 May – 12 Jun	Visit ancient and modern sites from Istanbul to Bodrum, including Ephesus, Pergamum, Gallipoli and a 7-night gulet cruise.	Speaker: Giles Milton, global best- selling author (including <i>Nathaniel's</i> <i>Nutmeg</i>), with an Australian tour leader and local guides.
Nursing Study Tour to South Africa with the Australian College of Nursing	2 – 13 Jun	Explore the many faces of this beautiful and diverse land with professional visits. Supported by the Australian College of Nursing (ACN).	Tour Leader: Kylie Ward, CEO of the Australian College of Nursing.
Midwifery in Peru	4 – 15 Jun	Travel from colonial Lima through the Andes to Cusco and the lost city of Machu Picchu, with CPD professional visits.	Tour Leader: Dame Cathy Warwick, former CEO of the Royal College of Midwives.
Palliative Care in Hungary and Romania	12 – 22 Jun	Visit two stunning countries to see how traditions surrounding end-of- life, bereavement and grieving vary between cultures.	Tour Leader: David Oliviere, former Director of Education at St Christopher's Hospice, London.
Ecuador and the Galápagos Islands	14 – 26 Jun	Explore the enormous cultural and biodiversity of Ecuador, with a private charter of the Galápagos Islands.	Tour leader: Jan Beccaloni, respected natural historian and museum curator.
A Journey through Northwest Scotland with the Royal Society of Medicine	23 Jun – 1 Jul	Experience Scotland at its most dramatic and historic from Edinburgh to Skye in heritage hotels.	Tour Leader: Lorna Johnson, a Scottish guide who travelled the world as a concert violinist.
A Medical Study Tour via the Ghan with the RACGP	28 Jun – 4 Jul	A bucket list tour including a night on the Ghan, alongside professional visits and talks.	Tour Leader: Dr Matt Young, GP and winner of RACGP Australian General Practice of the Year 2018.
Dental Study Tour to Ecuador and the Galápagos	19 – 31 Aug	See dentistry through the prism of Ecuador, a land of enormous cultural and natural diversity. Includes a private Galápagos cruise.	Tour leader: Dr Ashok Sethi, world pioneer of surgical and restorative implant dentistry for 25 years.
Shetland and Orkney	31 Aug – 8 Sept	This tour unites the far-flung and historic isles of beautiful Shetland and Orkney for one rewarding week.	Tour Leader: Janice Liverseidge, Blue Badge Guide and former Director at the Royal Society of Medicine.
Occupational Therapy in Slovenia, Croatia and Bosnia	3 – 13 Sept	Visit three beautiful and historic countries and learn how occupational therapy has developed.	Tour Leader: Professor Kit Sinclair, former President, World Federation of Occupational Therapists.

Wildflowers, Wine and the Cape Floral Kingdom	4 – 18 Sept	Take a vivid journey though the rich biodiversity of South Africa. Each day reveals a new aspect of the region's botanical history.	Tour Leaders: Professor Bill and Helen Bynum, botanical and medical historians and authors.
A Scottish Retreat - Loch Fyne, Bute and Iona	5 – 11 Sept	Revive the most jaded of souls as you step into a world of sea, lochs and ever-changing light and relax in historic hotels.	Tour Leader: Richard Smith, consultant gynaecological surgeon and author of <i>The Journey:</i> Spirituality, Pilgrimage and Chant.
Turkey: A Cultural and Gastronomic Journey	13 – 26 Sept	Enjoy a wide range of food experiences on the beautiful, ancient crossroads between Asia and Europe.	Tour Leader: Lucy Malouf, a food and travel writer and author of Turquoise, Saha and New Feast.
In the Footsteps of Wallace in the Malay Archipelago	15 – 30 Sept	Follow in the footsteps of the fascinating naturalist Alfred Russel Wallace through Singapore, Malaysia and Indonesia.	Tour Leaders Dr George & Jan Beccaloni, natural historians and evolutionary biologists.
Conflicts, Cures and Curiosities Cruise in the Eastern Mediterranean	17 – 26 Sept	An intimate cruise from Valetta past Italy, Albania and Greece to explore history that spans thousands of years.	Tour Leaders: Natasha McEnroe, Keeper of Medicine at London's Science Museum. Speaker: Dr Simon Chaplain, medical historian and former Wellcome Trust Director.
Nursing in China	16 – 26 Oct	Explore nursing and healthcare while visiting China's great sites. Supported by the Florence Nightingale Fellowship.	Tour Leader: Zhang Zhong Jiu has taken healthcare and other professional groups groups around China since 1994.
Dental Study Tour to Japan	23 Oct – 3 Nov	Go to the heart of historic and modern Japan and explore Japanese approaches to dentistry.	Tour leader: Professor Philip Dowell, specialist periodontist and past European President for the ICD.
Japan - Historical and Contemporary	6 – 16 Nov	Travel with Japan expert Jason James on a tour through Japan's long history and rich culture.	Tour Leader: Jason James, Director General of the Daiwa Anglo- Japanese Foundation.
Ecuador and the Galapagos Islands	7 – 19 Nov	Explore Ecuador's enormous cultural and natural diversity and take a private charter yacht through the Galapagos for four nights.	Tour Leader: Professor John Pearn, paediatrician, medical historian and former Surgeon General.
Spice, Trade and Botanicals: Histories of the Malabar Coast	14 – 28 Nov	Travel through the the lush Malabar Coast, a meeting place of culture and trade throughout history due to its precious spices.	Tour Leader: Carolyn Fry, writer specialising in science, conservation and natural history (<i>The World of Kew</i>), based at Kew Botanic Gardens.
A Cruise Through History Along the Hooghly River	15 – 25 Nov	From Kolkata cruise along the Hooghly River for an unparalleled vision of the rich history and culture of Bengal.	Tour Leader: Toby Sinclair, historian, BBC producer, conservationist and author.

